

ENTRY DATES

Document Version: **1**

Closing date; 6PM: Wednesday 10 May 2017

i This date is when the Intention to Enter and an onsite Team Manager needs to be added to guarantee inclusion in the competition.

Publish draw date: Friday 12 May 2017

i This date is when London Youth Games publishes which Boroughs are entered into the competition.

Confirm squad date; 6PM: Friday 2 June 2017

i This date is when the squad details need to be entered on the entry management system.

COMPETITION DATES AND INFORMATION

QUALIFIERS

Finals only

FINALS

Wednesday 7 June 2017
Beckenham Spa Leisure Centre, BR3 4PF
londonyouthgames.org/BeckenhamSpa
Registration: 10.00am to 10.30am
Competition: 10.45am to 2.30pm

WHO IS IT FOR?

Any Licence, minimum grade or standard required?

Swimmers must be able to swim unaided in a recognised stroke (ASA) for a minimum of 25 metres without stopping. (Team Managers are entering swimmers in the knowledge they can confirm swimmers meet this standard). If swimmers do not meet this standard they may be stopped part way through their event and given a 'Did Not Finish' (DNF). If they are slower than the maximum time stated for that race they will fail to score points for their team. No classified swimmers are able to compete in this gala.

SQUAD NOMINATIONS

i This is the squad you originally nominate.

Minimum: 1
Maximum: 12
Alternates permitted: 2

TEAM ON THE DAY

i This is the team you bring to the competition.

Minimum: 1
Maximum: 6 (3 junior / 3 senior)

i Some competitions allow alternates. This is where you can bring a previously un-nominated competitor.

Event	Oldest DOB	Youngest DOB	Likely School Year
Junior	01/09/03	31/08/08	Year 4 - 8
Senior	01/09/98	31/08/03	Year 9 - 13

HOW DO I ENTER?

Competition Type: Secondary Open

How to enter: You will need to provide full details of your squad before the 'squad closed' date so each competitor can be checked and confirmed as eligible. Teams are submitted online. Contact your Borough Team Organiser for online access.



ABOUT THE COMPETITION

Competition Format	Speed gala. Different impairments race against each other in same events however are separated for medals and points.
Draw Format	Individual events followed by relays. See sport specific rules for race order.
Seeding	Teams drawn into random lanes. If a swimmer cannot go in a lane in the middle of the pool for safety reasons please highlight this (if possible before the competition day) if not this must be done at upon arrival at registration.
Final Positions	In each event (individuals and relays) points are allocated according on finish place (1st=5 pts, 2nd=4, 3rd=3, 4th=2, 5th=1. 6th and below receive 0 pts). These are added to the Team Composition score (see sports rules for more information) and ranked.
Medals	GOLD: winner, SILVER: 2nd place, BRONZE: 3rd place. Individual (by impairment group) and Team medals awarded.

WHAT KIT & EQUIPMENT DO I NEED?

Kit & Equipment:	Swimming Costume, Goggles & Towel.
Team Manager Notes:	The target team composition is as follows: 3 x Functional Athletes, 1 x Visually Impaired Athlete, 2 x Hearing Impaired Athlete/Learning Impaired Athlete.

SPORT SPECIFIC RULES

1. The competition will run under ASA laws and Technical Rules of swimming (these guidelines cover dive starts etc.).
2. There is no classification required and no classified swimmers can compete.
3. Swimmers may only swim in 1 individual & up to 2 relay races.
4. Swimmers can be assisted with their start where required (see point 13).
5. Swimmers with a visual impairment should be tapped on approach to the wall.
6. **STARTS:**
 - Swimmers should start in the water.
 - Each event should start on a whistle/electronic signal/hand start for hearing impaired swimmers.
 - Swimmers performing a false start will be allowed to swim the race but will be disqualified at the end of the race.
 - For simultaneous strokes, (Breaststroke & Butterfly) swimmers should hold the wall with both hands to start where physically able to do so, (if they cannot it is the responsibility of the Team Manager to report this to the Competition Director & Referee prior to the start of the event so that this can be communicated to the officials). Any mistakes cannot be rectified after the start of the race.
 - For all strokes the swimmer should not be fully submerged for further than 15m at the start.
 - Races should start in the deep end for 50m and the shallow end for 25m.
7. **FINISH:**
 - For simultaneous strokes, butterfly & breaststroke, the swimmer should touch the wall with 2 hands.
 - For swimmers physically unable to touch with 2 hands a suitable finish can be allowed (TM's must report this prior to the start of the event so that this can be communicated to the officials). Any mistakes cannot be rectified after this.
8. Swimmers should remain in the water until indicated to leave by the referee.
9. **SCORING** - Team Composition: teams start with 60 points. For each swimmer with a different impairment to the recommended (see Team Manager notes), the team will be substituted 10 points.
10. Please note you can substitute a swimmer with any impairment but this will mean a team point penalty.
11. **STROKES:** Freestyle, Breaststroke, Backstroke or Butterfly is acceptable for front races.
 - 11a. **Freestyle** - Swimmers are permitted to choose any stroke for freestyle. Some part of the swimmers body must touch the wall to finish. Swimmers may touch the bottom part-way through the race but are not permitted to walk.
 - 11b. **Backstroke** - Swimmers should remain on their back throughout the race, and finish on their back. Swimmers should grip the side with both hands, where this is not possible one hand is permitted.
 - 11c. **Breaststroke** - Swimmers should remain on their front throughout the race. Swimmers must break the surface of the water after each full arm cycle. The stroke should be simultaneous, when not physically possible the swimmer should not be penalised.
 - 11d. **Butterfly** - Swimmers should remain on their front. The stroke should be simultaneous. Where this is not physically possible the swimmer should not be penalised.
12. Please see table below for the maximum time allowed for each race.

ID	Age	Type	Max. Time
1F	Senior	50m Freestyle	TBC
2F	Junior	25m Freestyle	TBC
3F	Senior	50m Backstroke	TBC
4F	Junior	25m Backstroke	TBC
5F	Senior	50m Breaststroke	TBC
6F	Junior	25m Breaststroke	TBC
7	Mixed	4 x 25m Freestyle Relay (2M+2F)	N/A
8	Mixed	4 x 25m Backstroke Relay (2M+2F)	N/A



12b. If swimmers do not meet this standard they may be stopped part way through their event and given a DNF. If they are slower than the maximum time stated for that race they will fail to score points for their team.

13. Swimmers should start with both hands holding the wall, where not physically possible one hand is permitted. If unable to hold the wall swimmers should be supported to maintain contact with the wall.

14. Protests (including eligibility): Any dispute during a competition should be reported to the Competition Director as soon as possible. For any action to occur this must happen prior to the completion of the Galas final race.

15. The Competition Director reserves the right to amend the schedule if teams withdraw or to suspend/cancel the event where required by unsafe conditions.

INCOMPLETE COMPETITION: In the event that the competition is cancelled or suspended, the following steps will be used to calculate a final result.

a. Results from all completed events are combined and used to identify the overall winner.

b. Event types: Individual (Races 1-6), Relay (Races 7-8).

c. Minimum requirements: To determine a completed event all heats must take place. To determine a result for the competition 1 event must be completed.

d. Tied teams: will not be separated once scores from events are combined, except in the event that the top 3 teams have the same number of points then the highest number of 1st place event finishers will be the deciding factor, then 2nd place event finishers.

e. Borough entry: If a borough has entered the competition but not an event that is used in the scoring calculation, they will be placed in last position.

f. Team Composition: Based on the team nominated at registration regardless of whether they compete or not.

