

The following is a NEW competition structure that will enable more individual young people to represent their school in sport or physical activity at a level that is appropriate to their level of competency, confidence and motivation. Each competition has been allocated to a tier, with a description of the tiers. Please ensure that teachers/team managers are aware of the tier of competition so that teams can be selected appropriately

PERFORMANCE Competition - to sustain

- Performance based competition catering for the more experienced and most talented athletes/teams.
- Pathway from inter school to county final.
- Competitions must adhere to the NGB Priority formats.
- Medals will be awarded for top 3 teams at county finals.
- County final teams progress to National competitions where offered.

Development Competition - to motivate

- Eligibility criteria set to engage new or novice participants into the sport.
- These competitors should not be representing in a Performance competition (the aim of development events is to introduce new teams/participants).
- Medals will be awarded for the top 3 teams at county final.
- Great opportunity for less traditional sports to be introduced.

Festivals - to engage

- Opportunity for young people to participate and represent their school in a format that is less formal with a focus on enjoyment.
- No medals are awarded.
- Suggested selection criteria;
 - Less engaged schools.
 - Respect the Games winners.
 - Schools who regularly attend inter school events but do not qualify for County finals.
 - School Games Mark progression.
 - Schools who are proactive at Intra Level.
 - Reward for good Cultural engagement.

Performance

- Handball
- Basketball
- Sportshall Athletics
- Boccia
- Volleyball
- Dance
- RFU Girls Rugby
- Football F
- Netball
- RFL Rugby
- Quicksticks Hockey
- MLD Tennis
- Inclusive Cricket
- Kwik Cricket
- Quadkids Athletics
- Mini Basketball
- Tri Golf

Development

- Mini Tennis
- Key Steps Gymnastics
- Inter Hockey
- Sitting Volleyball
- New age Kurling

Festival

- Fanfest
- Disability Fanfest
- RFU Megafest
- Year 3/4 Girls Football
- Year 5/6 Badminton
- Wheel Chair Tennis
- London Girls
- Inclusive Dance (TBC)