



# Venue guide

**Venue** Redbridge Sports Centre

**Address** Forest Road, Barkingside, IG6 3HD

**Phone** 020 8498 1000

**Website** <http://www.rslonline.co.uk>

## ABOUT THE VENUE

**Catering** Café and vending machines in Norman Booth Main Centre & Jean Brown Indoor Arena

**Toilets** Available in Norman Booth Main Centre & Jean Brown Indoor Arena.

**Changing Rooms** Available in Norman Booth Main Centre & Jean Brown Indoor Arena.

**Lockers** Available in Norman Booth Main Centre & Jean Brown Indoor Arena.

**Disabled Facilities** Parking bays, changing rooms, toilets and lifts available

**Team Parking** Pay & Display: Upto 3 hours £1, £2 all day.

**Spectator Parking** Pay & Display: Upto 3 hours £1, £2 all day.



## TRANSPORT INFORMATION

**Tubes and Trains** Tube (Central Line) to Fairlop station.

**Nearby roads** Access via A12 and M11

