



Venue guide

Venue: Redbridge Sports Centre

Address: Forest Road, Barkingside, IG6 3HD

Phone: 020 8498 1000

Website: <http://www.rslonline.co.uk>

ABOUT THE VENUE

Catering: Café and vending machines in Norman Booth Main Centre & Jean Brown Indoor Arena

Toilets: Available in Norman Booth Main Centre & Jean Brown Indoor Arena.

Changing Rooms: Available in Norman Booth Main Centre & Jean Brown Indoor Arena.

Lockers: In Norman Booth Main Centre & Jean Brown Indoor Arena.

Disabled Facilities: Parking bays, changing rooms, toilets and lifts available

Team Parking:

- **Pay & Display:** Up to 3 hours £1, up to 6 hours £2, anything over six hours please take your 6 hour ticket to reception to be validated for a further 3 hours for free.





- Payment for parking can be made through app, phone (more information on this procedure within the carpark), or at reception via a tablet using a debit/ credit card.
- Drop off: Free drop off up to 20 minutes.
- Rugby, Football and Netball teams to park in the Frenford Carpark and to be issued with a parking permit from LYG.

Spectator Parking:

- Pay & Display: Up to 3 hours £1, up to 6 hours £2, anything over six hours please take your 6 hour ticket to reception to be validated further for a further 3 hours for free.
- Payment for parking can be made through app, phone (more information on this procedure within the carpark), or at reception via a tablet using a debit/ credit card.
- Drop off: Free drop off up to 20 minutes.
- Once the car park is full, please use alternative carparks suggested below:



Redbridge Event Car Park Plan:



Redbridge Sports & Leisure has over 400 car parking spaces and operates these on a first come first served basis for those using the Sports Centre's facilities. There is often a large volume of users so please consider using Public Transport (Fairlop Station & 462 Bus Stop only 200m away) or share cars and allow sufficient time for your journey

ON –SITE PARKING

- A. Norman Booth Building Car Park (Charges Apply)
- B. Jean Brown Arena Car Park (Charges Apply)
- C. Frenford Car Park (Charges Apply*
*Available to RSL Users on limited dates only)

Note: Frenford car park only for rugby, football and netball teams.

OFF –SITE PARKING

Additional parking spaces if the above car parks are full. (Pay and display only)

- D. Fairlop Station Car Park
- E. Craven Gardens Car Park
- F. *Newbury Park Station (IG2 7RN; Not shown on Map)

*You can park at Newbury Park Station on the Central Line and take tube to Fairlop Station (2 stops) and a two minute walk to Redbridge Sports & Leisure Centre

Visit www.rslonline.co.uk/parking for more details on parking @ Redbridge Sports & Leisure

Note: Craven Gardens has a height restriction and is not suitable for minibuses.



TRANSPORT INFORMATION

Tubes and Trains: Tube (Central Line) to Fairlop station.

Nearby roads: Access via A12 and M11

