

Athletics Sportshall Y56



ENTRY DATES & HOW TO ENTER

Document Version: 1

Team closing date: Thursday 30 January 2020

i Deadline 18:00. This date is when the School Games Organiser needs to submit their team entry.

Publish team entries: Friday 31 January 2020

i This date is when London Youth Games publishes which Boroughs are entered in the competition and the school team representing.

i For schools competitions the School Games Organiser will coordinate entries. Teams are submitted online.

COMPETITION DATES AND INFORMATION

QUALIFIERS

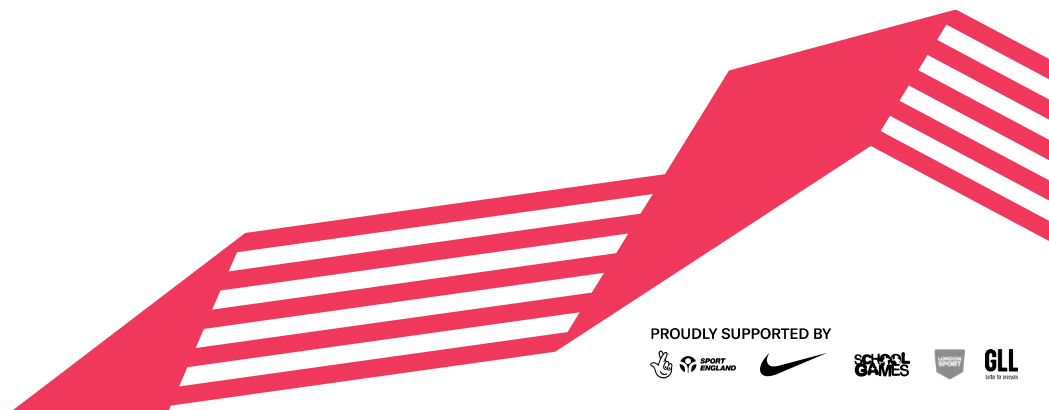
Monday 10th March 2020
Tuesday 11th March 2020
Wednesday 12th March 2020
Thursday 13th March 2020

(see sports rules for which Qualifier to attend)

Times: 13:00 to 16:45 (approx)

FINALS

Tuesday 24th March
Redbridge Sports Centre IG6 3HD
Registration: 08:45 to 09:15
Competition: 09:30 to 13:15



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TEAM INFORMATION

Competition Type: Primary Schools

Any Licence, minimum grade or standard required? N/A

TEAM ON THE DAY  This is the team you bring to the competition.

Minimum: 18 (9M+9F)

Maximum: 30 (15M+15F)

Event	Likely School Year
Athletics Sportshall - Y56	Year 5 & 6

KIT AND EQUIPMENT

Kit & Equipment: All provided.

Team Manager Notes: Any use of an athlete not part of the 18-30 person team at registration will invalidate scoring in the event.





ABOUT THE COMPETITION

Competition Format	The competition will be run in accordance with the rules laid down by the Sportshall Athletics Association - www.sportshall.org
Draw Format	8-9 teams at each qualifier. Top 3 teams from each qualifier will progress to finals
Seeding	None
Final Positions	Teams are placed in order of total points.
Medals	Team Medals at Finals: GOLD: winners. SILVER: runners-up. BRONZE: 3rd place.

SPORT SPECIFIC RULES

1. No athlete is permitted in more than 2 track and 2 field events drawn from the following;

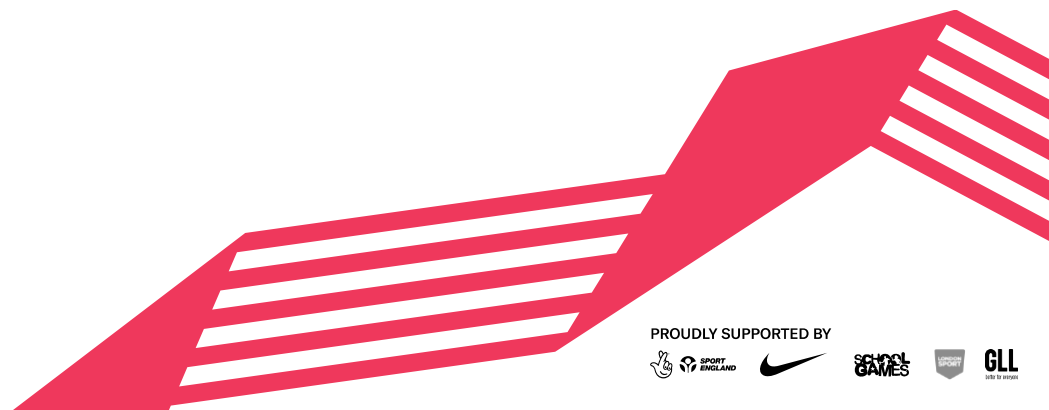
2. TRACK EVENTS (number required)

- 1+1 Lap Relay (2M & 2F)
- 2+2 Lap Relay (2M & 2F)
- 6 lap Paarlauf (2M & 2F)
- 4 x 1 Lap Relay (4M & 4F)
- Over/Under Relay (4M & 4F)
- Obstacle Relay (4M & 4F)

3. IMPORTANT TO NOTE - Athletes are not allowed to Forward roll in Over/Under or Obstacle Relay races. Batons/bean bags should be exchanged. See sportshall guidance documents for more details - www.sportshall.org.

4. FIELD EVENTS (each requiring 3M & 3F)

- Standing Long Jump
- Standing Triple Jump
- Vertical Jump
- Chest Push
- Foam Javelin
- Speed Bounce



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5. Details of all events, including a full explanation & teaching points can be found on the Sportshall website - www.sportshall.org

6. In all instances, the decision of the competition director is final.

7. The Competition Director reserves the right to suspend/cancel the event where required by unsafe condition.

8. Dates for Qualifier competitions are:

- 1) Harrow Leisure centre (Day 1), Monday 10th February 2020 (HRW, EAL, CAM, HAF, TOW, HGY,KAC, WES)
- 2) Harrow Leisure Centre (Day 2), Tuesday 11th February 2020 (HIL, BRE, BAT, HOU, COL, ENF, WAN, ISL)
- 3) Westcroft Leisure Centre (Day 3), Wednesday 12th February 2020 (BRO, CRO, MER, SUT, BEX, LAM, KIN, SOU, RIC)
- 4) Copper Box Arena (Day 4), Thursday 13th February 2020 (HAC, HAV, RED, NEW, WAF, GRE, LEW,BAD)

