



LYG20 Sportshall Athletics Q4

Sportshall Secondary

LYG Q4

Year 7 Girls

Copper Box

13 February 2020

	RED	YELLOW	GREEN	BLUE	PINK	ORANGE	SKY	MAROON
	All Saints	Plumstead Manor	Our Ladys Convent High School	The Coopers Company and Coborn School	Sedgehill School	St Angela's	Beal High School	Chingford Foundation
TRACK								
Obstacle Relay	22	14	18	20	12	24	16	
2 Lap Race	18	16	12	22	17	24	17	
4 Lap Race	24	18	18	20	14	17	15	
6 Lap Race	16	11	13	15	10	12	14	
8 Lap Paarlauf	20	18	18	24	14	22	12	
4 x 2 Lap Relay	24	14	12	16	20	22	18	
FIELD								
Shot	18	18	15	18	24	23	12	
Speed Bounce	24	14	14	18	14	20	22	
Standing Long Jump	14	16	20	23	12	23	19	
Standing Triple Jump	16	16	20	20	12	24	18	
Vertical Jump	22	12	24	19	15	18	17	
Total	218	167	184	215	164	229	180	
Overall Position	2	6	4	3	7	1	5	



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Track

Colour	Team	Obstacle Relay		2 Lap Race				4 Lap Race				6 Lap Race			8 Lap Paarlauf		4x2 Lap Relay			
		Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points	Time in secs	Position / Points		
RED	All Saints	77.4	2	1		24.8	B 3	6	1		50.1	A 1	16		85.5	1	113.0	3	98.2	1
			2	2		24.8	A 5	12	2		51.0	B 1	8							
		22													16					
YELLOW	Plumstead Manor	81.5	6	1		25.4	B 4	5	1		54.8	A 6	11		93.3	6	113.9	4	104.7	6
			2	2		25.2	A 6	11	2		55.0	B 2	7							
		14													11					
GREEN	Our Lady's Convent	79.5	4	1		26.7	B 7	2	1		56.9	B 6	3		89.5	4	113.9	4	105.7	7
			2	2		25.6	A 7	10	2		51.4	A 2	15							
		18													13					
BLUE	The Coopers	79.2	3	1		23.6	A 2	15	1		52.3	A 3	14		86.7	2	107.0	1	104.2	5
			2	2		24.5	B 2	7	2		55.4	B 3	6							
		20													15					
PINK	Sedgehill School	86.4	7	1		24.1	A 3	14	1		54.5	A 5	12		94.5	7	114.0	6	103.7	3
			2	2		26.6	B 6	3	2		60.0	B 7	2							
		12													10					
ORANGE	St Angela's	76.0	1	1		23.1	B 1	8	1		54.1	A 4	13		89.8	5	110.2	2	103.7	2
			2	2		23.0	A 1	16	2		56.5	B 5	4							
		24													12					
SKY	Beal High School	80.0	5	1		24.5	A 4	13	1		55.4	A 7	10		87.7	3	115.5	7	104.2	4
			2	2		25.9	B 5	4	2		55.7	B 4	5							
		16													14					



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Field

Colour	Team	Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump					
		Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points		
RED	All Saints	1		7.00	A 4	13		96	A 1	16		1.88	A 6	11		5.09	B 5	4		62	B 2	7	
		2		5.50	B 4	5		83	B 1	8		1.82	B 6	3		5.70	A 5	12		64	A 2	15	
				18				24				14				16				22			
YELLOW	Plumstead Manor	1		6.75	A 5	12		68	B 5	4		1.94	A 5	12		5.40	A 6	11		40	B 7	2	
		2		6.00	B 3	6		70	A 7	10		1.86	B 5	4		5.16	B 4	5		46	A 7	10	
				18				14				16				16				12			
GREEN	Our Lady's Convent High School	1		5.25	B 5	4		71	A 6	11		1.96	B 2	7		5.40	B 3	6		67	A 1	16	
		2		5.50	A 6	11		62	B 6	3		1.98	A 4	13		5.83	A 3	14		63	B 1	8	
				15				14				20				20				24			
BLUE	The Coopers Company and Coborn	1		7.50	A 3	14		78	A 4	13		2.80	A 1	16		5.52	B 2	7		53	B 4	5	
		2		5.25	B 5	4		74	B 4	5		1.96	B 2	7		5.72	A 4	13		59	A 3	14	
				18				18				23				20				19			
PINK	Sedghill School	1		7.00	B 1	8		75	A 5	12		1.42	B 7	2		4.34	B 7	2		54	A 6	11	
		2		8.00	A 1	16		59	B 7	2		1.66	A 7	10		5.28	A 7	10		48	B 5	4	
				24				14				12				12				15			
ORANGE	St Angela's	1		7.75	A 2	15		82	A 3	14		2.20	B 1	8		5.89	B 1	8		55	A 5	12	
		2		7.00	B 1	8		80	B 3	6		2.24	A 2	15		6.49	A 1	16		54	B 3	6	
				23				20				23				24				18			
SKY	Beal High School	1		5.25	A 7	10		81	B 2	7		2.10	A 3	14		6.10	A 2	15		58	A 4	13	
		2		4.75	B 7	2		85	A 2	15		1.90	B 4	5		4.99	B 6	3		48	B 5	4	
				12				22				19				18				17			