



## INCLUSIVE COACHES

**Giving coaches the confidence and competence to coach all young Londoners**



At London Youth Games our vision is to create the world's largest and most inclusive city-focused Youth Games that is accessible to all. We believe sport is a right for all, that sport improves physical and mental wellbeing and that sport is a key driver of social integration.

Nike and London Youth Games have built on their existing partnership to develop the LYG Inclusive Coaches Project. The LYG Inclusive Coaching Project is a free coaching programme that will provide resources, training and qualifications to give coaches the confidence and competence to include young disabled athletes in their Athletics sessions.

### **WHO WE ARE LOOKING FOR?**

We are looking for people who want to make a difference to young Londoners lives through sport. The project is open to coaches or PE teachers with relevant qualifications who want to develop their ability to coach inclusively. Or aspiring coaches with experience of working with disabled young people who want to obtain their qualifications. It is important that you are actively coaching or planning to coach in the next 3 months, so you can apply your learnings. This opportunity is also open to teachers in special schools who would like to expand their coaching into the community.



## WHAT DOES THE PROJECT INVOLVE?

This project will enable you to become an Athletics coach and learn good practice related to the inclusion of young disabled athletes between the ages of 11 and 18 in your sessions.

The LYG Inclusive Coaches Project will offer:

- A first-class mentoring programme delivered by expert Athletics coaches experienced in coaching disabled young people in London
- A British Athletics coaching qualification
- Attendance at Activity Alliance's Inclusive Activity Programme to build your confidence and skills in working with disabled young people

Due to the Covid-19 pandemic, courses may need to be delivered online. A flexible approach will be taken with the programmes delivery to ensure we align to current government guidance.

**Duration:** The project will run from March until July with the aim of coaching young people to compete at LYG Para Games Athletics events and other inclusive and integrated Athletics opportunities.

**Commitment:** During this project you will commit to coaching for 15 hours alongside your mentor and an additional 30 hours at a London Athletics club. You will work with London Youth Games to attract new young Londoners into the world of Athletics.



## WHAT YOU WILL LEARN?

- Positive use of inclusive language and terminology
- Ways to modify training sessions
- Guidance, support and tactics to help you recruit and engage young disabled people in your activities
- How to build an inclusive environment for individuals and teams
- Transferable inclusive coaching skills that will enable you to create inclusive opportunities in all sports

## HOW DO I APPLY?

Please fill in the short application [here](#) explaining why you would like to be selected. The deadline for applications is **26th February**. We will then be in touch by **3rd March**.

## ANY QUESTIONS?

If you have any questions or would like further information, please contact Pia Davies:  
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