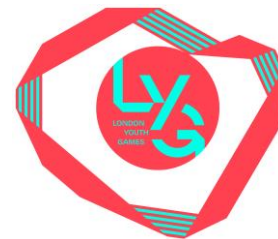


ParaGames Athletics Girls



OPEN GAMES

Document Version: **v3**

Closing Date:	Wednesday 13 th April 2022	i This date is when the onsite Team Manager needs to enter a team on the LYG app to guarantee to guarantee inclusion in the competition. N.B entries must be submitted by 11:59PM
Confirm Squad Date:	Wednesday 27 th April 2022	i This date is when the squad details need to be entered on the LYG app.
Competition Information Date:	Friday 29 th April 2022	i This date is when London Youth Games will send Team Managers the Competition Day Information.

COMPETITION DATES AND INFORMATION

FINALS ONLY

Tuesday 10th May 2022

Mile End Stadium, E3 4HL

Registration: 10:00 – 10:30

Competition: 10:30 – 15:00

TEAM INFORMATION

Competition type	Secondary open
Any licence, minimum grade or standard required?	Each participant must have a physical, sensory or learning impairment and must attend either a special needs school, a unit within a mainstream school or have a recognised/registered disability. Please see classifications guide on page 5-8 of this document.

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SQUAD NOMINATIONS

i. This is the squad you originally nominate

Minimum: 1

Maximum: 40

Alternates Permitted: 2 (no new events)

TEAM ON THE DAY

i. This is the team you bring to the competition.

Minimum: 1

Maximum: 20 (1 athlete/team per event)
Each athlete can compete in a maximum of 2 individual events + 1 (non-scoring) relay

AGE GROUPS

Event	Oldest DOB	Youngest DOB	Likely School Year
Mild Learning Disability	01/09/2006	31/08/2010	Year 7 - 10
Severe Learning Disability	01/09/2004	31/08/2010	Year 7 - 12
Physically Impaired/VI/HI	01/09/2003	31/08/2010	Year 7 - 13

COMPETITION INFORMATION

- Competition Format:
- Track events – heat declared winner
 - Field events – finals.
 - Events may be combined due to low numbers. Medals and points will still be separate.
- Draw Format:
- Field events start 10:30. Track events start 10:45 (shortest distance first)
 - Points awarded in each category – 1st=10pts, 2nd=8pts, 3rd=7pts, 4th=6pts, 5th=5pts, 6th=4pts, 7th=3pts, 8th=2pts, all entries = 1pt.
- Final Positions:
- Positions determined by total points scored over the best 10 events.
 - Maximum 2 events per impairment group are added together as per 'final scoring' above. E.g. max 2 x MLD events, max 2 x SLD events, max 2 x Physical A, B, C events, max 2 x Physical D, E events, max 2 x VI, HI events
 - In the event of equal points scored, positions will be decided by the number of higher placings achieved.
- Medals:
- GOLD: Winner, SILVER: 2nd place, BRONZE: 3rd place.
 - Individual, relay, and overall team medals awarded.

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TEAM MANAGER INFORMATION

- Kit & Equipment: ○ All equipment will be provided.
- Team manager notes: ○ Track events take priority over field events.
 ○ Participants must compete independently. It is recognised that some athletes need assistance in getting to the event, picking up equipment etc.
 ○ TMs are required to complete a declaration form before the competition.

SPORT SPECIFIC RULES

The competition will be run in accordance with UK Athletics rules. The competition director reserves the right to suspend/cancel the event where required by weather/unsafe conditions.

1) Late Arrivals:

- If running late please call LYG
- Track events: If a race has been run, or is lined up on the track, a Borough arriving late cannot be involved in this event.
- Field events: Any athletes running late will enter the event at the current round. If there is sufficient time before the next scheduled event, missed trials may be possible at the end of that event.

2) **Early Departures:** Any Borough leaving early must inform LYG. No points will be awarded for missed events.

3) **Eligibility:** Athletes with several impairments are only eligible to compete in one disability category. It is at the discretion of the team manager which group they enter (please refer to the classification made easy document)

4) Events:

- MLD – 100m, 200m, Long Jump, Turbo Javelin, Shot (3.25kg), 4x100m Relay
- SLD – 100m, 200m, Standing Long Jump, Turbo Javelin, Shot (3.25kg), 4x100m Relay
- Wheelchair Group A – Distance club, Height Bean Bag
- Wheelchair Group B – 100m, 200m, Distance Club, Height Bean Bag, 4x100m Relay
- Wheelchair Group C – 100m, 200m, Turbo Javelin, Shot (3.25kg), 4x100m Relay
- Ambulant Group D – 100m, 200m, Turbo Javelin, Shot (3.25kg), 4x100m Relay
- Ambulant Group E – 100m, 200m, Turbo Javelin, Shot (3.25kg), 4x100m Relay
- Open VI/Blind Visual Impairment – 100m, 200m, Long Jump, Shot (3.25kg), 4x100m Relay
- Open Deaf/Hearing Impairment – 100m, 200m, Long Jump, Shot (3.25kg), 4x100m Relay

5) Relays:

- Non scoring however medals will be awarded.
- Must comprise of 2 boys & 2 girls represented from each of the 2 impairment groups.
- 4x100m relays in these categories will be mixed across two groupings:
 - Ambulant relay e.g. Ambulant – D & E mixed. This means 2 boys and 2 girls make up the team.
 - Wheelchair relay - 2 boys & 2 girls from Ambulant groups B&C
 - Sensory relay – 2 boys & 2 girls from VI/HI groups.
- Athletes with more than one impairment must compete in the relay as per the category competed in during the competition.

6) **Incomplete competition:** In the event the competition is cancelled or suspended, the following steps will be used to calculate a result.

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- a) Results from all completed events are combined to identify the overall winner.
- b) Minimum requirements: To determine a completed event all heats must be completed. If there are fewer completed events than the required best 10, then all events should be counted (maximum 2 events per impairment group)

Disability Athletics Classification Guide



<u>LYG Group</u>	<u>LYG Group description</u>	<u>Additional comments</u>	<u>Progressing to potential UKA /EA Classification</u>
Physical: Group A	The most severely disabled athletes belong to this classification. These athletes are dependent on a power wheelchair or assistance for mobility. They have severe limitation in both the arms and the legs and have very poor trunk control. Group A athletes have greatly reduced function in most or all of their limbs necessitating the use of a power wheelchair . Competitors are only allowed to compete in certain events and are physically unable to throw a shot or javelin.	Power Chair users ONLY	31
Physical: Group B	These athletes have poor strength or control of limbs but are able to propel a manual wheelchair . Some Group B athletes can walk but can never run functionally. The Group B athletes can throw a ball but demonstrates poor grasp and release. Group B athletes have moderately to greatly reduced function in one or both lower limbs, and moderately to greatly reduced function in both upper limbs, so that they can self-propel their manual chair with difficulty .	Manual Chair users, may use a racing chair which is NOT indication of level of disability, these athletes are training or competing regularly and have access to a racing chair.	32 – 34 or 51 - 53
Physical: Group C	Group C athletes can propel themselves in a wheelchair and may be able to walk with assistance or assistive devices. They may have a good grasp but have poor finger dexterity when releasing implements. Group C have moderately to greatly reduced function in one or both lower limbs but have minimal or no reduction in function in both upper limbs so that they can self-propel their manual chair with ease .	Manual Chair users, may use a racing chair which is NOT indication of level of disability, these athletes are training or competing regularly and have access to a racing chair	32 – 34 or 51-54
Physical: Group D Ambulant	These athletes <u>may use</u> assistive devices for walking/ running. These athletes may require the use of assistive devices when walking but not necessarily when	LYG also includes Dwarfism Class 40	35 – 38 or 42 - 46

Disability Athletics Classification Guide



	standing or throwing. They may be able to run but in some cases they may lose their balance and have difficulty turning, pivoting and stopping. Group D athletes have both lower limbs moderately to greatly reduce in function or they have one upper and one lower limb moderately to greatly reduce in function. They are able to jog/run but with difficulty.		
Physical: Group E Ambulant	Group E athletes do not use assistive devices to walk, and they may have control problems in the arms. All four limbs will show functional involvement in sports movements. Their balance during movement will be good. These athletes are minimally affected by their impairment. The athlete may appear to have near normal function when running but the impairment must show on the field of play or in training. Group E athletes may have one or more upper limbs moderately to greatly reduced in function and / or they have one or more lower limbs slightly reduced in function. They are able to run with only minimal difficulty.	N/A	35 – 38 or 42 – 46
Visual (VI)	These athletes have a visual impairment, and are competing in an OPEN category, athletes may have a moderate visual impairment and run independent of assistance, or a substantial visual impairment, and have the support of a guide runner The term ‘visual impairment’ refers to people with irretrievable sight loss and this simple definition covers a wide spectrum of different impairments. It does not include those whose sight problems can be fully corrected by spectacles or contact lenses, though it does include those whose sight might be improved by medical intervention.	LYG allows all to compete with Guide Runner if nominated at entry. Guide Runners need to be identifiable (i.e. not same colour top as runner) a coloured bib would be ideal. There must be a tether between the athlete and the guide runner in the adjacent lane. The guide can give verbal instruction and at all times there should not be a gap of more than 0.5m between the athlete and the guide.	11 – 13 Also British Blind Sport B1, B2 or B3 classified

Disability Athletics Classification Guide



	Those who are short sighted or long sighted, but can see normally when wearing corrective spectacles are not considered to be visually impaired	<p>The guide at no time must pull or push the athlete to gain an advantage</p> <p>The athlete must pass the finish line ahead of the guide runner; this is a disqualification if the guide passes first.</p> <p>Each athlete and Guide runner will be allocated 2 adjacent lanes, and this <u>must be advised at the point of entry</u> for admin and lane planning purposes.</p>	
Hearing (HI)	These athletes have a hearing impairment or are Deaf. This is an OPEN category, so athletes will have a range of hearing levels within the same category.	Athletes need to be aware that there will be an additional visual prompt of the start command, in the form of a 'dropped flag' for athletes that are unable to hear the starting gun.	
Moderate Learning Disability (MLD)	These athletes compete in categories based on their educational needs as listed on their 'statement' or type of the school they attend. e.g. a school Please note – specific learning difficulties (e.g. Dyslexia) do not qualify.	<p>National competition is grouped together for Learning Disability.</p> <p>LYG split into 2 groups MLD / SLD</p>	20
Severe Learning Disability	These athletes compete in categories based on their educational needs as listed on their 'statement' or type of the school they attend	National competition is grouped together for Learning Disability.	20



Disability Athletics Classification Guide



(SLD)		LYG split into 2 groups MLD / SLD	
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