

# Swimming (Girls)



## Entry Dates & How to Enter

Document Version: v3

<b>Closing date:</b>	Wednesday 8 <sup>th</sup> June 2022	<b>i</b> This date is when the Team Manager needs to enter a team on the LYG Playwaze app for inclusion in the competition.
<b>Confirm squad date:</b>	Wednesday 22 <sup>nd</sup> June 2022	<b>i</b> This date is when the squad details need to be entered on the LYG app. N.B. entries must be completed by 11:59pm.
<b>Competition information:</b>	Friday 24 <sup>th</sup> June 2022	<b>i</b> This date is when LYG send out competition day information.

## Competition Dates and information

### FINALS

Saturday 9<sup>th</sup> July

London Aquatics Centre, E20 2ZQ

#### Registration:

Juniors 09:30 - 10:00

Seniors 12:30 - 13:00

#### Competition:

Juniors: 10:30 - 12:30

Seniors: 13:00 - 15:00

Who is it for?

**Competition Type:**

Open Games

**Any Licence, minimum grade or standard required?**

- Must be able to swim 100m and tread water for 3 minutes
- Achieve standard of Swim England Preliminary Competitive Start Award
- **Must not have a recorded a faster time than outlined below**
- **The time individual standard times must not have been achieved prior to 5 June 2022. If the time is posted at an event after this date, the individual will remain eligible.**



# Swimming

## (Girls)

- Swimmers **must not** have achieved a faster time than the individual standard times shown below since 1<sup>st</sup> Jan 2021 in the stroke they are entering, these can be checked via [Individual Best Times | Swim England \(swimmingresults.org\)](https://www.swimmingresults.org)\*

Stroke	Junior	Senior
50m Butterfly	32.00	30.00
50m Backstroke	33.50	32.00
50m Breaststroke	37.50	35.50
50m Freestyle	29.00	27.50

\*These times only apply for those swimmers who are members of Swim England and are competing/have times recorded on rankings. Any swimmer who does not have a time on rankings will be accepted without reference to these times.

\*\*Times only apply to the stroke that is being entered ie if a swimmer has achieved a time for one stroke they may be eligible for another one if they have not achieved the outlined time.

\*\*\*Times supplied are LC (Long Course) or SC (Short Course) conversion

### SQUAD NOMINATIONS

**i** This is the squad you originally nominate.

Minimum: 1  
 Maximum: 20  
 Alternates permitted: 2

### TEAM ON THE DAY

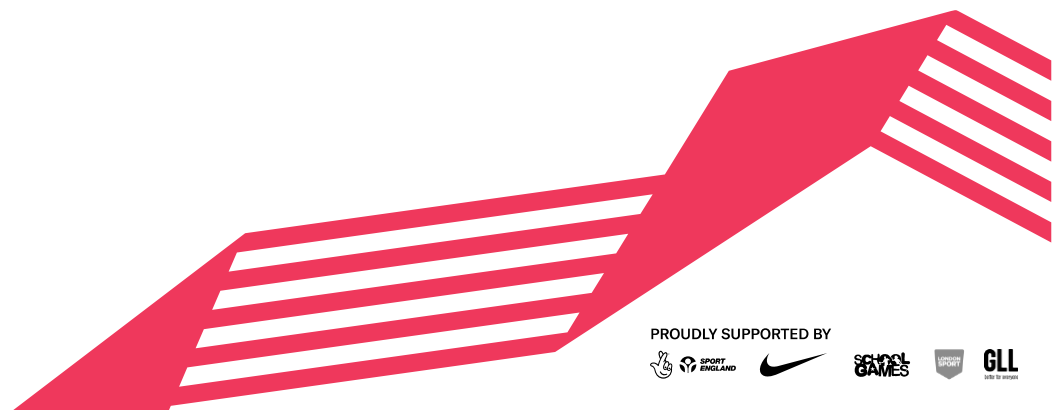
**i** This is the team you bring to the competition.

Minimum: 1  
 Maximum: 20

NB: Teams can only select one competitor per event on the day e.g. only one individual can compete in 50m Backstroke

### Age Groups

Race	Oldest DOB	Youngest DOB	Likely School Year
Swimming Junior (Girls)	01/09/2007	31/08/2010	Year 7 - 9
Swimming Senior (Girls)	01/09/2004	31/08/2007	Year 10 - 12



# Swimming

## (Girls)



---

### About the competition

<b>Competition Format:</b>	All individual events will be 50 metres and all relay events will be 4 x 50 metres
<b>Draw Format:</b>	All heats will be ordered based on their boroughs name in alphabetical order
<b>Seeding:</b>	None
<b>Final Positions:</b>	Results will be determined on the heat declared winner principle. Individual positions/points added together for overall borough score.
<b>Medals:</b>	Individual medals awarded: GOLD (winner), SILVER (2 <sup>nd</sup> place) and BRONZE (3 <sup>rd</sup> place). Borough trophy and medals awarded for overall winner.

---

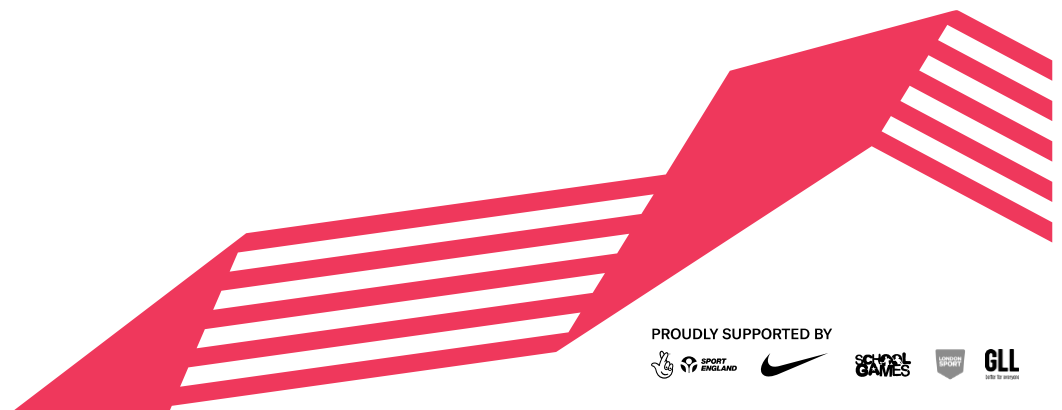
### What kit and equipment do I need?

<b>Kit &amp; Equipment:</b>	Swimming costume, goggles and a towel. Competitors are encouraged to wear a swimming cap
<b>Team Manager Notes:</b>	<ul style="list-style-type: none"><li>• Competitors may ONLY compete in up to one individual race and two relay events.</li><li>• Coaches/team managers are responsible for their teams valuables, conduct and wellbeing.</li></ul>

---

### Sport Specific Rules

1. The competition will be run under Swim England Technical Rules of Swimming and FINA Swimming Rules
2. For swimmers to use a shallow racing dive from the starting blocks, Team Managers must be satisfied that they have achieved the standard of Swim England Preliminary Competitive Start Award. If they have not achieved this award, they may start from the side of the pool or in the water.





# Swimming (Girls)

## 3. Events:

- a. Competitors may compete in up to one individual event but may also compete in one or both of the freestyle and medley relays
- b. There will be separate junior and senior events
- c. Individual events:
  - i. 50m Butterfly
  - ii. 50m Backstroke
  - iii. 50m Breaststroke
  - iv. 50m Freestyle
- d. Team Events:
  - i. 4 x 50m Freestyle Relay
  - ii. 4 x 50m Medley Relay

## 4. Eligibility:

- a. A junior swimmer is not eligible to compete in a senior event. A senior swimmer is not eligible to compete in a junior event. Any breach of this rule will result in disqualification of the borough from the competition.
- b. Please ensure you check competitor details. Incorrect information provided during squad nominations can disqualify a team and cause their entire borough to receive penalty points.
- c. Swimmers **must not** have achieved a faster time than the individual standard times shown above before 5<sup>th</sup> June 2022.

5. The competition director reserves the right to suspend/cancel the event where required by unsafe conditions.

6. **INCOMPLETE COMPETITION:** In the event that the competition is cancelled or suspended, the following steps will be used to calculate a final result:

- a. Results from all completed events are combined and used to identify the overall winner
- b. Event types: Individual (50m Free, 50m Back, 50m Fly, 50m Breast), Relay (4x50 Medley, 4x 50m Free)
- c. Minimum requirements: to determine a completed event all heats must take place. To determine a result for the competition 1 event must be completed.
- d. Tied teams: will not be separated once scores from events are combined, except in the event that the top 3 teams have the same number of points then the highest number of first place event finishers will be the deciding factor, then second place event finishers and so on.
- e. Borough entry: If a borough has entered the competition but not an event that is used in the scoring calculation, they will be placed in last position.

