



QUEEN MARY
SAILING CLUB

London Youth Games Regatta

Supported by
the Royal Yachting Association

25th - 26th June 2022

SAILING INSTRUCTIONS

QUEEN MARY SAILING CLUB

OPEN EVENT SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the Rules as defined in *The Racing Rules of Sailing 2021 – 2024.*
- 1.2 The bye-laws of Queen Mary Sailing Club will apply and may be found at www.queenmary.org.uk
- 1.3 Racing Rules 26, 35, 40, 44.1, 60.1b, 61.3, 63.1, 64.1a and A4.1 will be changed.
RRS 26; Starts.
RRS.30.1: Round the ends rule may be used at the discretion of the RO.
RRS.35: Time limit and scores.
RRS 40; Buoyancy Aids worn at all times.
RRS.44.1 Penalties
RRS.60.1b Requesting redress
RRS 61.3, 62.2; Protests and Protest time limits.
RRS.63.1 Requirement for a hearing.
RRS 64.1a; Penalties and exoneration.
RRS A4.1; Scoring of late starters.
RRS A5; Scores determined by Race Committee.
RRS.A6.1

The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing Rules.

- 1.4 The Rules of the London Youth Games Section J will apply and the London Youth Games 'Replacement and Additions Rule A' will apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official regatta notice board located in the Regatta Race Office on the lower deck of the club house and will be summarised at competitor briefings.

3. CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official regatta notice board 30 minutes before the scheduled warning signal of any race affected on the day it will take effect, except that any change to the schedule of races will be posted by 19:00hrs on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the clubhouse flagpole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes the meaning of flag AP in Race Signals.

5. SCHEDULE OF RACES

The schedule of races will be issued at the competitors briefings.

6. CLASS FLAGS

Class flags will be:

Class	Event	Flag
Laser Radial	B, G	ILCA on green background
Topper	A, F	ICF "T" (Red / white / blue vertical divisions)
Topper 4.2	C, H	ICF "3" (Pennant - Red / white / blue vertical divisions)
Hansa 303	D, I	ICF "G" (Yellow and blue vertical divisions)
RS Feva	J	ICF "F" (White with red diamond)
Pico	E	ICF "E" (Blue division above red division)

7. RACING AREA

The racing areas for each Class and Event will be indicated on the official regatta notice board. Details will be provided at the competitors briefings.

8. THE COURSES

- 8.1 There are expected to be 3 courses/tracks for the different Classes and Events. This will be confirmed at the competitor briefings.
- 8.2 Each course configuration and the order of rounding marks and will be shown on the official notice board. Any diagrams will indicate the number of legs required to complete a round. In addition, the course diagram may be displayed on the Event race committee boat.
- 8.3 The number of rounds to be sailed will be indicated on the stern of the Event race committee boat no later than the preparatory signal for each start.

9. MARKS

Course marks will be described on the official notice board and at competitor briefings.

10. AREAS THAT ARE OBSTRUCTIONS

The following areas are obstructions and boats shall not sail in those areas at any time:

- a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys
- b) at the southern end of the bund, the area bounded by the dredger's anchor buoys and the shallows bounded by red or yellow pillar buoys and white spherical buoys.

11. THE START

- 11.1 Races will be started by using Rule 26 amended as follows:

Signal	Visual	Sound	Minutes before start
Warning	Class Flag Up And/or 3 prongs	1 Sound	3
Preparatory	Flag "P" Up and/or 2 prongs	1 Sound	2
One Minute	Flag "P" Down and/or 1 prong	1 Long Sound	1
Start	Class Flag Down	1 Sound	0
Postponement	Flag "AP" Up	2 Sounds	
Individual Recall	Flag "X"	1 Sound	
General Recall	First Substitute	2 Sounds	
Shorten Course	Flag "S"	2 Sounds	
Abandonment	Flag "N"	3 Sounds	

- 11.2 The starting line will be between a staff displaying an orange flag on the Event race committee boat at the starboard end and the port end starting mark. The port end starting mark will be a small buoy with a **red flag**.
- 11.3 A boat starting 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.1.

12. PENALTY SYSTEM

- 12.1 A one turn penalty may be taken instead of a two-turn penalty. This changes Rule 44.1.
- 12.2 The Protest Committee may award place penalties (percentage) instead of disqualification. This changes Rule 64.1a.
- 12.3 As provided in Rule 64, the Protest Committee may, penalise a boat that has broken Rule 42.

13. THE FINISH

- 13.1 The finish line will be between a staff displaying a coloured flag on the Event race committee boat and the finishing mark. The finishing mark will be a small buoy with a **blue flag**.
- 13.2 If races are shortened, "S" will be displayed with 2 sound signals when the leading boat approaches the leeward mark, and the finish will be between the finishing mark and the Event race committee boat.

14. TIME LIMIT

- 14.1 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Last place without a hearing. This changes Rule 35 and A4.1.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1 The Regatta race office shall be informed of the intention to protest or request redress immediately the competitor comes ashore and not later than 30 minutes after the last boat comes ashore.
- 15.2 Protests will be managed in three sequential stages:
- The protester(s) will review the incident with their fleet coach. At this stage there are no penalties either way.
 - The protester(s) will take the issue to the Race Support Team. The penalty at this stage may be 20%.
 - The Protest is conducted formally, by the Protest Committee.
- 15.3 Protests and requests for redress shall be submitted to the Regatta race office on RYA protest forms (obtainable from the Regatta race office). Protests may be submitted only following the previous stages, and accompanied by a fee of £1.00.
- 15.4 The time limit for protests to be submitted is 30 minutes after the finish of the last race in the series. This changes Rule 61.3.
- 15.5 Breaches of Sailing Instructions 18 will not be grounds for protest by a boat. This changes Rule 60.1(b). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.
- 15.6 Protests will be heard in approximately the order of receipt as soon as possible.

16. DECLARATIONS

- 16.1 All boats entered and registered will be deemed to have signed on.
- 16.2 Signing off is not necessary. Boats retiring shall complete a retirement declaration on a form available at the Regatta race office.

17. SCORING

- 17.1 The Low Point scoring system of RRS Appendix A will apply.
- 17.2 One race is required to be completed to constitute a series.

- 17.3 The number of races required to complete the event, and the number of discards allowed, will be outlined at the Competitor and Team Manager briefings.
- 17.4 A boat's **event** score will be the total of her race scores, including the application of discard(s) if appropriate as described on the Notice of Race.

18. SAFETY REGULATIONS

- 18.1 A boat that retires from a race shall notify the on water race officials and then the Regatta race office as soon as possible.
- 18.2 Competitors and support staff wear correctly fastened buoyancy aids (not gas inflatable), appropriate to their size and weight, while on the water, pontoons or reservoir sloping banks. Buoyancy aids must be in good condition and worn on the outside of all clothing.
- 18.3 Competitors must wear clothing appropriate to the conditions.

19. OFFICIAL BOATS

Official boats will include all safety and committee boats of the LYG Regatta Team, and the crews of such are designated members of the Race Committee.

20. SUPPORT BOATS

Support boats are not allowed on the water during the regatta.

21. RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

22-28. NOT USED

29. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and attend any safety briefing held for the event.

30. INSURANCE

Each boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2 million.

31. LOCAL RULES

- 31.1 Adequate personal flotation devices shall be worn by all crew members at all times when afloat, on the pontoons or on the sloping banks and flag Y will not be shown. This changes Rule 40. Failure to comply with this requirement may result in disqualification without a hearing. This changes Rule 63.1.
- 31.2 Keeping Clear: Boats shall keep clear of barges and motor vessels that are restricted in their ability to manoeuvre. When a boat finds herself unable to keep clear of such a vessel she may use propulsion, such as paddling or rocking, provided she does not gain a significant advantage in the race (Rule 42.3(h))