

RISK ASSESSMENT

Cross Country

London Youth Games

Parliament Hill

19<sup>th</sup> November 2022

V2

### **Document Management**

Client	London Youth Games					
Project	oss Country					
Venue/Location	arliament Hill – Hampstead Heath					
<b>Project Description</b>	Risk Assessment					

Assessor	Eleanor Western	<b>Date of Assessment</b>	11 <sup>th</sup> October 2022

# **Revision History**

Revision	Date	Details			
V1	11/10/2022	Draft RA for review			
V2	14/10/2022	Updates / amends from LB			



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### 1 Project Overview

<b>Project Manager</b>	Lucy Baines
e-mail	Lucy@londonyouthgames.org
<b>Contact Number</b>	07847 779278

London Youth Games is run by the LYG Foundation; a registered charity. The games were established in 1977 and have run every year since then and is now Europe's largest youth sports festival. The season of events traditionally starts in November with Cross Country and culminates with the Finals event in July where the winning Borough are awarded with the Jubilee Trophy.

The first event of the season is the Cross Country activity, this takes place at Parliament Hill on the heathlands, there are approximately 1600 number of participants who will take place in waves based on their age groups. Waves will be split into ages and distances run.

Age Category	Girls	Boys
U11	1500m	1500m
U13	2000m	2000m
U15	2000m	3000m
U17	3000m	4500m

Parliament Hill is an open area of heath and grass land in Hampstead Heath, the park will remain open to the public on the event day, however it is considered that the proposed numbers and route will not result in significant overcrowding. Key areas of the route and event space will have suitable barrier or similar to control access.

Logical Safety Solutions, hereafter referred to as LSS, has been appointed by London Youth Games, hereafter referred to as LYG, to provide a Safety Plan and various Risk Assessments to cover their works throughout the 2022-2023 LYG Season.

LYG will have a suitable number of staff and volunteers to manage the activity.

This RA will cover the Cross Country event taking place at Parliament Hill on Saturday 19<sup>th</sup> November 2022.



Information relating to the event is as outlined in the emails and discussions between Eleanor Western (LSS) and Lucy Baines of LYG along with information provided in supplied project documentation.

See the Event Safety Plan for full details of the activity see the Operations Plan (LYG).

This risk assessment should not be read in isolation, but should be read in conjunction with:

- Event Safety Plan (LSS)
- Event Documentation issued by LYG



### 2 Risk Assessment Matrix

Risk Level		SEVERITY							
	atrix	1. Insignificant	1. Insignificant 2. Minor 3. Moderate 4. Major						
	1. Rare	VL	VL	L					
ОО	2. Unlikely	VL	VL	VL	L	L			
<b>LIKELIHOOD</b>	3. Possible	VL	VL	L	L	М			
LIKE	4. Probable	VL	L	L	М	н			
	5. Almost Certain	L	L	М	н	н			



VL = Very Low Risk	L = Low Risk	M = Medium Risk	H = High Risk
Acceptable Activity – no further actions required	Acceptable Activity - with controls and suitable supervision	, ,	Unacceptable Risk – no work to be undertaken. Reassess and obtain further guidance
No further preventive action is necessary, but consideration should be given to more costeffective solutions, or improvements that impose no additional cost burden. Monitoring is required to ensure that controls are maintained.	Efforts should be made to reduce the risk, but the cost of prevention should be carefully measured and limited.  A higher level of monitoring is required	until the risk has been	continued until the risk level has been reduced. While the



## 3 Risk Assessment Matrix: Venue, Event Infrastructure and General Safety Measures

Dof	A setimitus	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
1	Lack of effective planning and communications	Failure of the pre-event planning process and / or the event safety management systems and procedures.  Effect – failure of the safety systems and procedures resulting in a significant impact upon the event and a potential for physical injury, life changing injuries or death.	Risk Workforce Guests	The event is subject to a number of pre-event planning meetings with relevant key stakeholders including the venue; Parliament Hill.  London Youth Games are responsible for the management and delivery of safety in respect of their undertakings*.  Safety information will be collated and communicated, as required, to all relevant persons, including but not limited to, employees, contractors, suppliers, statutory bodies, emergency services and such others as applicable so as to ensure all health &	1	3	R VL	*Activities undertaken by other agencies or organizations are not the responsibility of LYG.
2	Venue Selection	Lack of suitable venues and/or activity, display, or activation areas.	Workforce Guests	safety duties and obligations are adequately discharged and effective systems and procedures are employed to safeguard those working at, participating in, visiting or otherwise affected by the event.  The events take place within an open area of grassland within Parliament Hill a public park. The event has been held here for many years	1	4	VL	
				with no reported incidents.				



Dof	A chiniba	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
		Effect – unsafe / hazardous venues, work, activity, display or activation areas resulting in a significant adverse impact upon the event and potential for physical injury		The area selected has been used routinely in previous years.  LYG will liaise with Parliament Hill prior to the event and highlight any concerns or other users.				
3	Arrival and venue installation procedures, driving /parking / unloading van	Failure to maintain control of equipment Vehicles / vehicle impacts  Vehicle/pedestrian impacts  Vehicle/venue infrastructure impacts  Damage to vehicles/infrastructure  Personal injuries	Workforce Guests Public	A competent member of the LYG team will be appointed to oversee the safe work of installation and to liaise with the venue and statutory authorities where required.  All persons engaged in the delivery of the event will be trained and competent for the tasks they are undertaking.  All those working on the event are to be issued with safety guidance in advance and each contractor will be responsible for their own working area as required by those safety rules and guidelines.	3	3	L	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Risk Rating Actions/0		Actions/Com
Ker	Activity	Consequence	Risk	achieve the residual risk rating		S	R	ments
				Venue are to advise on suitable parking / unloading areas. LYG are to ensure that thoroughfares and emergency exits are not obstructed during unloading.				
				Vans are to be loaded appropriately and loads secured during transit. Van drivers are to be competent.  Drivers are to be competent and fully insured.				
				Drivers will operate vehicles in accordance with the highway code.				
4	Manual Handling	Muscoskeletal strains or injuries as a result of carrying kit / equipment	Workforce	Workforce are to be aware of correct manual handling techniques.  Kit / equipment is to be unloaded as close to the event areas as possible.  Use of trolleys or similar to carry kit is to be utilised, or multiple persons sharing the load of equipment.	3	3	L	Injured persons are not to carry kit / equipment. Use of external crewing agency to be



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ker	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				Workforce are not to carry kit or equipment				utilised as
				that is beyond their physical capability.				appropriate.
5	General layout and	Slips, trips, falls or	Workforce	LYG Event Manager to ensure that the event	2	3	VL	
	condition of event	similar resulting from	Guests	areas are suitable for use and fit for purpose				
	areas	uneven flooring, spills		prior to participant arrival.				
		on floor or the poor						
		layout of infrastructure		All workforce are advised that the activity				
				takes place in grassland where there is varying				
				ground conditions. Ground is to be checked				
				for litter / significantly uneven ground				
				conditions and similar that could cause a slip				
				or trip.				
				All areas will be monitored throughout the				
				event to ensure that any damage or debris are				
				removed / repaired.				
				<u>'</u>				
				Timing mats to be suitably installed and				
				routinely checked to prevent trips.				
6	Conflict between the	Lack of suitable	Guests	Venue is an open area of park, event will be set	3	3	L	
	event and other park	segregation between	Workforce	up to avoid key footpaths and busy areas.				
	users	other users and guests	Other venue					
		resulting in collision /	users	Park is considered to be large enough to				
		overcrowding of areas		accommodate the event and usual visitors.				
				Event will be advertised to the public.				



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
7	Personal Protective Equipment	Lack of appropriate PPE for the type of work activity being undertaken  Exposure to adverse weather conditions due to the issue of in	Employees Contractors	Key areas of the event and route will have barrier or similar to prevent access.  Provision of PPE is the responsibility of the employee's employer and is required following their risk assessment for the activities and tasks being undertaken.	3	3	L	
		appropriate clothing.  Effect - potential for physical injury or ill health		Staff working during periods of low light and in areas where they may be moving vehicles to wear a suitable Hi Viz vest / jacket.				
8	Manual Handling	Potential for injury to staff due to poor manual handling procedures  Effect - physical injury	Employees Contractors	So far as is reasonably practicable, the employer / contractor shall reduce the need for manual handling activities and/or introduce such measures as required to minimise the risk.  Loads should be of a manageable size or additional lifting aids supplied.	2	3	VL	



Ref	A chinitus	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				Delivery of materials should be to a point as close as possible to the point of use.  LYG will ensure that those persons directly engaged by them to assist in the delivery of those elements of the event that requires them to undertake work which involves manual handling are physically capable of				
				undertaking such activities and that they have been adequately trained to do so.  Mechanical lifting aids should be made available where required.				
9	Working Hours	Prolonged working hours, working at night  Effect - Fatigue, Lack of concentration, physical injury	Employees Contractors	A production schedule is to be generated indicating the extent of working hours.  Contractors are to select staff and staff numbers to suit the anticipated working hours.	1	1	VL	



Dof	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ker	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
10	Branding			-		<del></del>		
				Use of proprietary fixings for all banners.				



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ker	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				No branding will obstruct public circulation or				
				cause a trip/fall hazard during deployment.				
	AV Equipment	Insecure or incorrectly	Workforce	All equipment should be constructed,	2	4	L	
	Display screens.	installed equipment.	Guests Other venue	installed, operated and maintained by				
	sound systems and similar.	Effect – collapse of	users	competent persons.				
	Sillilar.	equipment resulting in						
		serious injury, damage to equipment / venue		All necessary equipment in public areas				
				should have secondary safety fixings				
				attached.				
				All electrical equipment must have suitable				
				electrical breaker and RCD fitted.				
				All speakers stands, etc. are to be sufficiently				
				braced and secured so as to prevent				
				structural collapse or the structure falling				
				over.				
11	 	Indiana and a manufe of	Cuarta		2	1	\/I	Cuitabla
11	Film Crew / Media	Injury as a result of filming activity	Guests Workforce	Only approved media agencies to be in place. Media to have suitable briefing	2	1	VL	Suitable photograph
	Activity	Poor safeguarding	VVOIRIOICE	where children have not consented to				y waiver to
		practices		images taken.				be in place



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
								as
				LYG safeguarding policy in place and				appropriate.
				communicated to key persons.				Children
								who do not
				Workforce advised they must not photograph				consent to
				children without LYG consent.				their images
								being taken
				Film / Media Crew will be competent and				to be
				experienced, they will operate under their				suitably
				own RAMS.				identifiable
								by media.
				All participants / spectators will be advised				Media to
				that they are being filmed / photographed and				ensure that
				agree to this.				these
								children are
				LYG will advise the film / media crew if they				not
				have concerns with regards to their activity.				photograph
								ed.
				Film / media crew are to ensure that their				
				actions and equipment do not result in trips				
				or collisions.				
				Cables are to be suitably managed to avoid				
				trips.				
12	Welfare provision	Lack of toilet provision	Guests,	Venue has suitable toilet provision, where	1	1	VL	
			Workforce	appropriate temporary toilets will be installed.				
				appropriate temporary tollets will be installed.				



Ref	A setimitus	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
		No access to water / food		Teams and participants advised where toilets are shared with other park users / public.				
				Water available for workforce at all times.				
13	Staff and Volunteers Activities (Training)	Training and information.	Voluntary, etc staff and others affected by their acts or omissions.	Briefing sheets will be sent out prior to event, with supervisors/team leaders appointed early.  Suitable briefings to take place with all staff and volunteers prior to work commencing so that everyone understands safety and safeguarding measures in place.	3	3	L	
14	Staff and Volunteers Activities (Welfare)	Welfare issues.	As above.	Provision of sanitary facilities, food and water will be available during working hours. Staff working outdoors are to be advised in advance and have access to shelter and suitable breaks.	1	1	VL	
15	Staff and Volunteers Activities (Comms)	Control and communication	As above	Ongoing supervision takes place throughout all phases of the event.	1	3	VL	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ker	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				Radio and mobile phone systems are available to all supervisors, key contact numbers are to be shared.				
16	Safeguarding – children and vulnerable persons	Lack of safeguarding measures in place	All workforce and persons attending	LYG will work in accordance with the LYG safeguarding policy. This will require staff to:  - Not be alone with a participant at anytime.  - Ensure that the event areas / music and similar is suitable and secure for participants.  - LYG will escalate any safeguarding concerns to the safeguarding officer / local authority.  All participants are to attend with their school / Borough Team under parental / guardian consent.  Participants are familiar with the nature of the event.  Participants are aware of changing provision, LYG will ensure that these are in use by participants and suitable workforce only.  No child and workforce staff member will be left alone at any time.	2	3	VL	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				Schools and BTO's will ensure that the consent form will capture medical information and in case of emergency contact details.  All staff on site aware of the ages of participants and to be mindful of their language and interactions with children to ensure that they are appropriate.  LYG safeguarding officer to be present at event or contactable.  Suitable medical provision in place for the event. Parents / Guardians will be notified in the event of injury to their children by BTO/School lead.  Any complaints or comments raised by participants or their parent /guardians will be directed to the safeguarding officer for their				
17	Fire Prevention General	Fires arising from waste, event infrastructure and similar	Contractors, staff, volunteers, walkers.	information or action.  Route areas are considered to be low risk with regards to fire.  Event branding and pop up structures to be fire retardant.	1	5	L	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				All generators will have an adjacent fire				
				extinguisher (CO2).				
				The event village will have a suitable fire point in a central and accessible location.				
				Changing areas within the Lido are to have				
				their own fire prevention methods and fire				
				fighting equipment.				
				In the event of a fire the first principal would be to separate the fire from all persons. This would involve evacuating to a place of safety – such as the wider areas of the park.				
				LYG and catering staff would ensure that there is no waste build up that may cause a fire hazard, suitable waste containers should be used.				
18	Fire Prevention (Flammable Substances)	Use of flammable liquids & gases	All on site	The use of petrol generators will be prohibited.	1	1	VL	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
19	Electrical	Shock or burns, also fires from faulty or unsuitable equipment/cables, adverse weather conditions affecting certain equipment.	Site staff, contractors,	All electrical equipment and generators are to be supplied and installed by reputable, prevetted competent contractors.  All electrical systems are to be designed constructed and maintained in a condition suitable for use in the open air; and will be protected as necessary by 30mA residual current circuit breakers with an operating time not exceeding 50ms.  All generators, distribution boxes etc. are to be positioned/enclosed to prevent	1	3	VL	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				unauthorised access, and will be suitably signed.  A competent person should test and certify all electrical installation as to its safety on completion.  A competent electrical contractor should be				
				available to deal with any problems should they arise.				
20	Cable Runs	Exposed cables across designated traffic / pedestrian routes  Effect - damaged cables, trip hazards causing physical injury.	Employees Contractors Participants Public	A minimum number of cable runs are to be used.  Where possible, cable runs should not be in public areas. If unavoidable, then cable ramps in high visibility colours are to be used.  Cables are to be placed in such a way as to prevent slips, trips and falls.	1	1	VL	



Dof	0 -4::4	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
21	Lack of Medical Cover	Insufficient medical	Guests	LYG have appointed a competent Medical	2	5	L	In the event
		cover and resources		Provider; Team Medic.				of
								summoning
		delays in treatment		To an Madina ill account all an alimat				an 
				Team Medic will oversee all medical				ambulance
				arrangements for the event, see the Medical				LYG are to
				Plan for full details.				agree with venue who
								does this
				Presence of first-aid personnel at strategic				and who will
								meet the
				locations; communication among these				ambulance.
				services and to central control functions of				
				other services and the organisers; numbers				
				and types of facilities currently as supplied by				
				the service providers.				
22		Terrorist attack, lack of	All persons	The event is not currently considered to be a	1	5	L	The current
22	Emergencies / Evacuation	emergency plans, exit	All persons	specific target for any terrorist activity, which	'	)	-	threat level
	Evacuation	routes,		would require full evacuation of the venue.				within the
		panic, crushing,		would require full evacuation of the venue.				UK is
		confusion, lack of		Venue is to advise LYG on emergency				SUBSTANTIA
		preparedness resulting		procedures and routes to be kept clear.				L, indicating
		in unable to evacuate /		i i				an attack
		summon assistance.						within the



Dof	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
				Venue is an open area of parkland, there is				UK mainland
				considered to be ample space to evacuate				is likely.
				into in the event of an incident.				
								If a situation
				In the event of an incident the principal will be				develops, the
				to separate persons from the hazard, as				Event Liaison
				appropriate LYG are to summon emergency				Team (ELT),
				services.				will come
								together in a
				LYG are to form an Emergency Liaison Team				fixed location
				with key staff / venue in the event of an				so that
				emergency.				decision
								making and
				LYG will identify any guests that may need				communicati
				additional assistance in the event of an				ons (internal
				emergency incident.				and external),
								can be
				LYG are to ensure that all emergency exits are				disseminated
				kept clear – no kit or equipment would block				and
								implemented
				or obstruct these.				for the
								purpose of
								managing the
								situation.



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Com
Rei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	ments
								In the case of an emergency, it may be necessary to convene an ad-hoc meeting of the Event Liaison Team to assist in managing the incident.
23	Accessibility	Poor access to venue, no accessible facilities	Guests Workforce	Event areas are within an open park area, there are footpaths in place but in adverse weather park areas may be difficult to access in a wheelchair.	1	1	VL	
24	COVID-19	Having already infected or potentially infected persons attending and passing on infection	Guests Workforce	Current UKHSA guidance to be adhered to.  Workforce are advised not to attend if they have COVID-19.	3	2	VL	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to Risk Rating Act		Risk Rating		Actions/Com
Kei	Activity	Consequence	Risk	R	ments			
				Routine cleaning regime in place.				
				Access to hand sanitiser / handwashing				
				facilities on site.				



### 4 Risk Assessment – Cross Country

Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Ratii	ng	Actions/Comment					
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	S					
1	Course route and distance	Route not	Runners	The South of England Athletic Association (SEAA)	4	3	L	The event has taken					
		suitable for run activity, poor		have selected the route based on the nature of the				place in previous					
		design							event; Cross Country, therefore the route				years with no
		Incorrect length						deliberately avoids existing footpaths and goes				significant issue.	
		of route		over hilly and uneven terrain in the form of open									
				heathland.									
				The SEAA are competent and experienced in									
				undertaking the event and will ensure that a									
				suitable route is set out in compliance with the									
				required distances.									
				The SEAA will check the route in the lead up to the									
				event and immediately prior to the event.									
				SEAA and LYG will liaise with the Park Rangers to									
				identify any potential hazards or issues with the									
				heath that may affect the event.									
2	Course Ground Conditions	Ground conditions would	Runner	The nature of the event is such that the participant	2	2	VL						
		result in falls or		should be challenged by the ground conditions and									
		trips, such as		they are required to monitor this during the race.									
		divots, rabbit holes, mole holes	divots, rabbit	The SEAA will inspect the route immediately before									
		or similar		the race and highlight or divert the route around									



Ref	A chindre	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Comment
Ker	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	s
		Excessively wet / muddy / boggy sections		any significant 'holes' or similar that they feel would pose a risk to runners.  Areas where there is excessive amounts of mud or boggy conditions will be avoided, where required the route will be diverted around these areas if necessary.  Participants are advised on the nature of the run route and on suitable footwear.				
3	Debris on the route	Litter on the route; broken bottles, wire or similar that may cause illness or injury	Runner	SEAA and LYG will undertake a visual inspection of the route to remove any litter or other debris that may harm runners or result in a trip hazard.  Runners will be wearing suitable footwear.	2	2	VL	
4	Course Infrastructure	Barrier and or similar fencing	Runners and people in the area	Barrier or similar* is to be suitable for use and fit for purpose. Crowd Control barrier/pin and tape will be used where required on the course along with cones and tape to identify the route.  Where CCB is to be used it will be installed by competent persons and correctly clipped.  On uneven ground and sloped areas CCB will be suitably braced through the use of CCB triangles.	2	3	VL	*as appropriate pin and tape / cones or barrier will be used.



Dof	A calinatana	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Comment
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	S
				Where branding is placed on CCB there is to be				
				additional bracing.				
				The weather forecast will be checked and if windy				
				conditions are forecasted the use of branding will				
				be reviewed.				
				When barrier is not in use it is to be suitably stored				
				in a compound or similar.				
5	Animals on the route	Dog bites	Runners	The event takes place in a large open park. It is	3	3	L	Where pin and tape
		Biting Insects		anticipated that there will be dogs in the park.				is used the tape will
		(Lyme Disease)		Marshalls and stewards will be briefed to be vigilant				be used during
				for dogs entering the course, as required stewards				event periods only and disposed of as
				will ask dog owners to place dogs on leads.				appropriate.
				Dog owners will be reminded to pick up their dog				
				mess as required in line with usual park rules.				
				Runners are aware that they are running in an area				
				of heathland and may suffer from insect bites				
				including ticks.				
				Participants should be advised of the risks and the				
				·				
				preventative methods; use of insect repellent and				
				covering the skin by wearing trousers or long socks.				



D - 6	A -4%-44	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Comment
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	S
				Runners should check their skin afterwards and				
				remove ticks with tweezers.				
6	Lyme Disease, tick bites and similar	Illness as a result of tick bites or similar biting insects	Participants	There will be basic information regarding ticks and Lyme disease at the arrival areas forewarning them of the risks associated with tick bites.  Participants and staff will be advised to wear long sleeved clothing and socks, use insect repellent and thoroughly check themselves for tick bites when home.  In addition, persons should avoid walking through long grass / vegetation.  LYG will review grass conditions and avoid areas of very long grass / request these areas are cut as appropriate.  Participants will be issued guidance on how to remove ticks and symptoms to monitor.	2	2	VL	
7	Crossings	Crossings not managed or implemented correctly resulting in;		Where the route goes over existing footpaths there will be marshal controlled crossing points.	2	2	VL	LYG to maintain record of staff / volunteer briefings.



Dof	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Comment
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	s
		Runner in collision with park user(s) Park users in run route Runners becoming lost / leaving route		Marshals are to have received a suitable briefing on their role, they will have a suitable method of identifying and or signalling to both park users and runners when the crossing is either open or closed.				
8	Weather impact on the route and course conditions	Muddy / boggy ground conditions Frost, snow or ice Leaves creating slippery surface. Heavy winds that may cause trees to shed branches, debris and or event infrastructure to impact runner	Runners	Route will be assessed by SEAA immediately prior to the run.  If required the run route can be diverted to avoid particularly hazardous conditions.  Marshalls and stewards are in place to provide warnings to participants.  Competition Director to advise LYG on suitable and safe conditions for the run to be held. Ultimate decision to be made by LYG and or City of London who have issued the license.  LYG will monitor weather conditions and liaise with Competition Director prior to event day.  In high winds event infrastructure will require securing or removing.	4	2	L	



Ref	Activity	Hazard &	Who is at	Control measures that must be in place to	Risk	Rati	ng	Actions/Comment
Kei	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	S
9	Vehicles on the route (Cars,	Collision with	Participant	Suitable signage and marshals in place to prevent	1	3	VL	
	park vehicles, buggies,	runner resulting		vehicles entering the course.				
	bicycles and similar)	in injury		Event takes place in park area where unauthorised				
				vehicles are not permitted entry.				
				Park vehicles will be forewarned of the LYG activity.				
				Event vehicles will not be permitted onto the route.				
				Medical vehicles on the route will travel on blue				
				lights or be suitably marshalled to warn				
				participants.				



# 5 Risk Assessment – Participants

Dof	A -4::4	Hazard &	Who is at	Control measures that must be in place to	Risk	Rat	ing	Actions/
Ref	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	Comments
1	Participant Competence in	Lack of	Participants	Participants are selected to participate by their BTO	2	2	VL	
	Cross Country	experience and		/ Team Manager.				
		competence in event resulting		All BTO's are provided with detailed information				
		in injury		regarding the event. They must therefore ensure				
				that their selected participant is capable to				
				undertake the activity.				
				All participants will receive a briefing on the event				
				day.				
				There will be marshals and stewards at the start,				
				finish and throughout the run route. They will				
				monitor participants and support as required.				
				All supervision and implementation of rules as to				
				how the activity is undertaken will be to the				
				appropriate sports governing bodies' rules.				
				Participants are able to retire from the event should				
				they feel the need.				
2	Participant Health	Participants with	Participants	Borough Team Organisers are to ensure that their	1	3	VL	
		pre-existing		participants are in suitable health to participate.				
		health problems or injuries, these		Medics will be present at the event, participants				
		may be		who are advised by medics against taking part will				
				be unable to do so by LYG.				



Ref	A chindre	Hazard &	Who is at	Control measures that must be in place to	Risk	c Rat	ing	Actions/
кет	Activity	Consequence	Risk	achieve the residual risk rating	L	S	R	Comments
3	Clothing / Footwear	exacerbated by participating in the event.  Participants	Participants	Participants will be advised by LYG in advance of the	1	1	VL	
3	Clothing / Footwear	wearing unsuitable clothing and or footwear	rarticipants	event of suitable footwear.  LYG and competition Director will not permit persons to participate without suitable footwear.  Footwear should be suitable for the heath terrain.	'	1	V.	
4	Participant Welfare	Bullying or aggressive actions by participants Coaches or parents displaying abusive behaviour towards participants. Safeguarding concerns regarding participants. Participants becoming lost / separated from	Participants	Participants / BTO representatives are required to agree to a Code of Conduct, this addresses participant and coach behaviour.  LYG has an anti-bullying policy in place.  Competition Director will deal with any aggressive or foul play during the competition.  LYG will have a member of staff who has suitable safeguarding training to deal with any safeguarding issues that arise on the day.  LYG staff will address any safeguarding concerns with relevant BTO's.  If necessary parents or coaches will be asked to leave the event.	1	1	VL	



Ref	Activity	Hazard & Who is at		Control measures that must be in place to		Rat	ing	Actions/
Kei		Consequence	Risk	achieve the residual risk rating	L	S	R	Comments
		their BTO /		The LYG lost child plan will be in place for the event,				
		family		key staff will be aware of the procedures and				
				actions that are required.				
				All staff and volunteers will be aware of the lost				
				child plan, they will be advised that no person				
				should be left alone with a child at any time and that				
				if they come across a lost child they should remain				
				in a public place and advise key staff immediately.				
				Toilets and changing areas will be in place for				
				participants these will be routinely checked by DBS				
				trained personnel.				
5	Security of Changing Areas	Changing areas	Participants	Limited access to changing areas. Monitoring by	2	2	VL	
		not being		DBS staff at intervals.				
		adequately		Use of cameras or taking of photographs within				
		secured						
		resulting in		changing areas to be prohibited.				
		participants at		Children are of an age where they would be able to				
		risk of abuse or		be aware of inappropriate behaviour or actions.				
		inappropriate		Participants able to report any concerns to LYG.				
		behaviour						



#### **6 EVENT CHECKLIST**

	Checked – any
DateCompleted By	issues / further
Venue	actions
Activity Areas – to be checked before use, clear of trip hazards, spillages or similar?	
Route checked?	
Areas in use have been approved by venue and does not obstruct emergency exit routes or emergency vehicle routes?	
Equipment – has it been checked and is it suitable for use?	
Are there suitable staff / marshals in place – have they been briefed by LYG on key safety /Safeguarding / Emergency info?	
Has weather forecast been checked? Any necessary actions required?	
Medic / First aid provision in place – are all staff briefed on summoning medical support, what to do in the event of having	
to use the 999 system? Venue Address? Where is nearest Walk in Centre, nearest A&E?	
Who is ELT and when / where would they convene in the event of an incident?	



#### 7 RISK SUMMARY

By accepting this Risk Assessment, London Youth Games, acknowledges that they have a duty to ensure that all persons working on this project, and all other persons who may be affected by the identified risks, have access to a copy of this Risk Assessment.

Assessor	Eleanor Western
e-mail	Eleanor@Logicalsafety.co.uk
Contact Number	07861 500812
Signature	E Western

