



LYG Trampolining 2024

Competition Day Information

Event Overview:

Date: Sunday 28th January 2024.

Venue: Talacre Community Sports Centre, Dalby Street, NW5 3AF

Sport Lead Email: Rebecca@londonyouthgames.org | 07794470457

Event Timings:

- Girls' registration: 8.00-8.45
- Para registration: 12.00-12.45
- Boys' registration: 12.45-13.30
- Team Manager Briefing: 8.30
- Competition start: 8.45am
- Approximate Finish Time: 16.30
- Overall medals: 16.45

Reminders:

- Full rules can be found on the LYG Website here: [Trampolining \(Open\) - London Youth Games](#)
- **Entry Info:**
 - **Squad Size:** Each borough is permitted to have 2 competitors per competition tier, per gender. This provides each borough with a maximum of 20 competitors.
 - **Substitutions:** Each borough is permitted two substitutions, so long as the maximum squad size on the day is not exceeded. The substitute(s) must bring proof of their membership to be eligible to participate. If this is not provided, then LYG reserve the right to refuse entry. Any additions or late entries after the entry deadline has passed will not be accepted. All substitution details must be provided at registration on the day of the event.
- **Kit & Equipment:**
 - **Clothing Attire** The event will adopt the [British Gymnastics Clothing Attire At Events Policy](#).

Boys compulsory dress is as follows:

- Sleeveless or short sleeved leotard*
- Gymnastics shorts or gym trousers in a single colour*
**This does not need to match other athletes in your team*
- Socks or gymnastics shoes
- Long hair should be tied back

Girls compulsory dress is as follows:

- Leotard or unitard may be worn with or without sleeves (must be skin tight)*
**This does not need to match other athletes in your team*
- Socks or gymnastics shoes
- Long hair should be tied back

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- Optional dress:
 - Long tights, leggings or gymnastics shorts may be worn
 - Suitable head covering (gymnasts may wear alternative competition attire in accordance with their particular faith, belief or religion (including head coverings) with the proviso that the Lead Coach or Coach has assessed the risk associated with this and has taken any suitable mitigating action(s), where applicable, to ensure the highest standards of safety are upheld. The element of risk should be explained to the gymnast and parent/guardian and every attempt to control the risk should be adopted. Further safety information can be found in the [British Gymnastics Health & Safety Guidance: Safe Coaching](#).

Additional Novice, Intermediate and Para Category only (NOT Expert):

- Participants may wear **tight fitting sport shorts and a tight-fitting t-shirt tucked into the shorts** if they wish, in addition to or instead of a unitard or leotard as in the compulsory dress above.
- Any shorts or t-shirts that are assessed by LYG to be unsafe will not be accepted and the participant will be withdrawn from the competition.
- **Equipment** Trampoline beds will be Eurotramp 4x4mm and 4x6mm beds (category dependent). It is the Team Managers/Coaches responsibility to ensure your athletes are familiar with this equipment.

Results:

- Post event - results will be available to download on the competition webpage within 48 hours of the competition ending. see the [games rules](#) rule 23.1 for further information on disputes.
- Queries on individual results can be raised in writing up to 24 hours after results have been published.
- In the event of a competition appeal, the use of external video footage and/or photographs **will not** be accepted in any circumstances.

Respect the Games:

- Anyone involved in the games must be made aware of the LYG Code of Conduct and agree to abide by the principles. A breach in the code may jeopardise involvement in the games.
- All teams will be asked to take part in the respect the games campaign by nominating a team showing LYG values.

Social Media:

- Follow us on social: [Twitter](#) | [Instagram](#) | [Facebook](#)



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- When posting make sure you use our hashtag #thisislyg and tag us in your posts.
 - If any competitors/teams do not consent to photos being taken, please inform registration.
 - Taking photos? Register your camera (including phones and tablets) at registration.
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Venue Guide:

Venue: Talacre Community Sports Centre

Address: Dalby Street, Kentish Town, London, NW5 3AF

Phone: 020 3343 6020

Website: https://www.better.org.uk/leisure-centre/london/camden/talacre-community-sports-centre?utm_source=google&utm_medium=organic&utm_campaign=google_my_business

About the Venue:

Catering: There is no cafe on site, however, nearby shops a short walk away.

Toilets: Available

Changing Rooms: Available

Accessibility: Disabled facilities available – disabled toilets, accessible changing, accessible parking, lift.

Transport Information:

Public Transport

Tubes and Trains: Kentish Town, Chalk Farm, Kentish Town West, Camden Town.



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Buses: 393, 46

Parking

There is limited parking available. Please use public transport where possible.

