

# School Games Sports Hall Athletics

## Year 3-4 2023

### Entry Information & Guidance



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## Event Overview

### Dates & Venues:

- Event 1: Tuesday 9<sup>th</sup> May 2023 – Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.
- Event 2: Thursday 11<sup>th</sup> May 2023 - Harrow Leisure Centre, Harrow, HA3 5BD.
- Event 3: Friday 12<sup>th</sup> May 2023 – Westcroft Leisure Centre, Westcroft Road, SM5 2TG.

Contact: [info@londonyouthgames.org](mailto:info@londonyouthgames.org)

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## Entry Information

Team Entry Deadline: Wednesday 29<sup>th</sup> March 2023.

School Representative Deadline: Wednesday 26<sup>th</sup> April 2023.

Squad on the Day: Minimum – 8 (4 Boys + 4 Girls) & Maximum – 12 (6 Boys + 6 Girls).

Competitions: Mixed Competition.

Eligibility Criteria: N/A

### Age Categories

Age Category	Oldest DOB	Youngest DOB	Likely School Year
7- 9-year-olds	01/09/ 2013	31/08/2015	Year 3 - 4

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## Event Guidance

### SPA 1 Age Category

**SPA 1.1** The following age groups and respective minimum/maximum date of births will apply to the School Games Sports Hall Athletics Year 3-4 event.

Age Category	Oldest DOB	Youngest DOB	Likely School Year
7 - 9-year-olds	01/09/2013	31/08/2015	Year 3 - 4

**SPA 1.2** Participants should not attend this event if they are ineligible.

**SPA 1.2.1** If a school wishes to bring a participant who does not meet the eligibility criteria, this request should be made in writing to LYG in advance of the event.

**SPA 1.3** It is the responsibility of participants/teachers/School Games Organisers to ensure all participants details are entered correctly at the time of submission.



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**SPA 1.3.1** In the instance a participant is found to be ineligible, they may be asked to cease participating.

**SPA 2 Squad Size** Schools are permitted to bring a minimum of 6 participants (3 Boys + 3 Girls) and a maximum of 12 participants (6 Boys + 6 Girls).

**SPA 2.1** Schools are permitted to bring all 12 competitors entered in the event on the day however only 3 boys and 3 girls will be able to participate per event.

**SPA 3 Event Format** The festival includes six field stations where each team rotates to take part in each activity until all six field events have been completed. Once all field events have concluded there will be a set on track relays where everyone will run as part of the team.

**SPA 3.1** The field stations include the following (each requires 3 girls and 3 boys):

- Chest push
- 5 Strides
- Soft Javelin
- Speed Bounce
- Standing Long Jump
- Hi-Stepper

**SPA 3.2** The track events include the following (each requiring 3 girls and 3 boys):

- Over/under Relay
- 3x1 Lap Relay