



LYG Sportshall Athletics Year 5-6 2024

Entry Information & Rules

Event Overview

Dates & Venues:

Qualifier 1: Tuesday 6th February 2024 – Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.

Qualifier 2: Wednesday 7th February 2024 – Harrow Leisure Centre, Christchurch Avenue, Harrow, HA3 5BD.

Qualifier 3: Thursday 8th February 2024 – Osterley Sports & Athletics Centre, 120 Wood Lane, Isleworth, TW7 5FG.

Qualifier 4: Friday 9th February 2024 – Westcroft Leisure Centre, Westcroft Road, Carshalton, SM5 2TG.

Finals: Tuesday 19th March 2023 – Redbridge Sports Centre, Forest Road, Ilford, IG6 3HD.

Contact: rebecca@londonyouthgames.org

Entry Information

Squad Entry Deadline: Wednesday 10th January 2024.

Submit school representative Deadline: Friday 26th January 2024.

Squad on the Day: Minimum – 18 (9B+9G) & Maximum – 30 (15B+15G).

Competitions: Mixed Competition.

Eligibility Criteria: None.

Eligibility Criteria

Age Categories

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9–11-year-olds	01/09/2012	31/08/2014	Year 5 - 6

Competition Tier: Higher

Competition Intent: Highly competitive environment where winning is the measure of success and level of challenge is high, in order to further the development of young athletes. Local qualifiers are encouraged, with the winning school progressing to the county final.

Player Eligibility: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in sport inside and outside of school, have a higher skill ability and understand tactics and strategies in competitive game play situations.



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Full Rules & Regulations

SHA 1 The competition will be run in accordance with the rules laid down by the [Sports hall Athletics Association](#).

SHA 1.1 Should any rules listed below contradict those outlined by the Sportshall Athletics Association, these rules will supersede those.

SHA 1.2 It will be at the discretion of the Event Referee and LYG personnel as to the application of these rules, and any subsequent decision made as a result will be final.

SHA 1.2.1 Should a teacher/team manager wish to appeal a result, this appeal must be lodged on the day of the event to a member of LYG staff or the Competition Director, and as soon as practically possible following knowledge of the result.

SHA 1.2.2 Any decision related to the appeal will be at the sole discretion of the Competition Director and/or LYG. No appeals will be accepted once the event has concluded, and no results of local/inter-school competition will be accepted.

SHA 1.3 The Competition Director reserves the right to suspend/cancel the event where required due to unsafe conditions.

SHA 2 Age Category

SHA 2.1 The following age groups and respective minimum/maximum date of births will apply to the London Youth Games Sports Hall Athletics Year 5-6 Competition.

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9–11-year-olds	01/09/2012	31/08/2014	Year 5 - 6

SHA 2.1. Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made.

SHA 2.2 It is the responsibility of competitors/parents/teachers/SGOs to ensure all competitors details are entered correctly at the time of submission, and that they are eligible to compete for their school.

SHA 2.2.1 In the instance a competitor is found to be ineligible, the school will be disqualified from the competition entirely.

SHA 3 Eligibility

SHA 3.1 Competition Tier: Higher

SHA 3.1.1 Competition Intent: Highly competitive environment where winning is the measure of success and level of challenge is high, in order to further the development of young athletes. Local qualifiers are encouraged, with the winning school progressing to the county final.

SHA 3.1.2 Player Eligibility: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in sport inside and outside of school, have a higher skill ability and understand tactics and strategies in competitive game play situations.



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SHA 4 Squad Size Boroughs are permitted to bring a minimum of 18 competitors (9 per gender) and a maximum of 30 competitors (15 per gender).

SHA 5 Competition Format Qualifiers and finals.

SHA 5.1 8-9 Teams at each qualifier. Top 3 teams from each qualifier progresses to the finals.

SHA 5.2 No seeding in qualifier or finals.

SHA 6 Competition Rules

SHA 6.1 No athlete is permitted in more than **2 track and 2 field events**.

SHA 6.2 Track and field events include:

Track Events	Field Events (3 boys + 3 girls per event)
1+1 lap relay (2 boys + 2 girls)	Standing long jump
2+2 lap relay (2 boys + 2 girls)	Standing triple jump
6 lap Paarlauf (2 boys + 2 girls)	Vertical jump
4x1 lap relay (4 boys + 4 girls)	Chest push
Over/under relay (4 boys + 4 girls)	Foam javelin
Obstacle relay (4 boys + 4 girls)	Speed bounce

SHA 6.3 Athletes are not allowed to forward roll in over/under or obstacle relay races. Bean bags should be exchanged. Refer to Sportshall guidance available here: <https://www.sportshall.org/>.

SHA 7 Overall Scoring Boroughs are awarded points per event at both qualifiers and finals, and teams are placed in order of total points. Points accumulated at qualifiers are not carried through to finals.

SHA 8 Medals and Salvers Boroughs are awarded team medals for 1st, 2nd and 3rd placed teams and a salver awarded to the winners of the competition at the FINALS ONLY.

SHA 9 Borough Allocation

Q1: Redbridge Sports Centre	Q2: Harrow Leisure Centre	Q3: Osterley Sports Centre	Q4: Westcroft Leisure Centre
Boroughs: Barking & Dagenham Enfield Hackney Haringey Havering Newham Redbridge Tower Hamlets Waltham Forest	Boroughs: Barnet Brent Camden City of London Harrow Hillingdon Islington Westminster	Boroughs: Ealing Hammersmith & Fulham Hounslow Kensington & Chelsea Lambeth Richmond Wandsworth	Boroughs: Bexley Bromley Croydon Greenwich Kingston Lewisham Merton Sutton