

London Youth Games ParaGames Athletics Impairment Groupings Guide 2024



GROUP	IMPAIRMENT SUMMARY	DESCRIPTOR	Progressing to potential UKA / EA Classification
G1A.	Wheelchair user-power chair	Athletes are dependent on a power wheelchair or assistance for mobility. They have severe limitation in both the arms and the legs and have very poor trunk control. Athletes have greatly reduced function in most or all of their limbs necessitating the use of a power wheelchair. Competitors are only allowed to compete in certain events and are physically unable to throw a shot or javelin.	31
G1B.	Wheelchair user-manual. Can propel their chair with difficulty.	These athletes have poor strength or control of limbs but are able to propel a manual wheelchair. Some athletes can walk but can never run functionally. Athletes can throw a ball but demonstrates poor grasp and release. Athletes have moderately to greatly reduced function in one or both lower limbs, and moderately to greatly reduced function in both	32-34 or 51-53
G1C.	Wheelchair user-manual. Can propel their chair with ease.	Athletes can propel themselves in a wheelchair and may be able to walk with assistance or assistive devices. They may have a good grasp but have poor finger dexterity when releasing implements. Athletes have moderately to greatly reduced function in one or both lower limbs but have minimal or no reduction in function in both upper limbs so that they can self propel their manual chair with ease.	32-34 or 51-54
G2A.	Ambulant-can run with difficulty	These athletes may use assistive devices for walking/ running. These athletes may require the use of assistive devices when walking but not necessarily when standing or throwing. They may be able to run but in some cases they may lose their balance and have difficulty turning, pivoting and stopping. Athletes have both lower limbs moderately to greatly reduce in function or they have one upper and one lower limb moderately to greatly reduce in function. They are able to jog/run but with difficulty.	35-38 or 42-46
G2B.	Ambulant-can run with minimal difficulty	athletes do not use assistive devices to walk and they may have control problems in the arms. All four limbs will show functional involvement in sports movements. Their balance during movement will be good. These athletes are minimally affected by their impairment. The athlete may appear to have near normal function when running but the impairment must show on the field of play or in training. Athletes may have one or more upper limbs moderately to greatly reduced in function and / or they have one or more lower limbs slightly reduced in function. They are able to run with only minimal difficulty.	35-38 or 42-46

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G3A.	Sensory-Hearing Impairment	These athletes have a hearing impairment or are Deaf. This is an OPEN category, so athletes will have a range of hearing levels within the same category. There will be an additional visual prompt of the start command, in the form of a 'dropped flag' for athletes that are unable to hear the starting gun.	
G3B.	Sensory-Visual Impairment	These athletes have a visual impairment, and are competing in an OPEN category, athletes may have a moderate visual impairment and run independent of assistance, or a substantial visual impairment, and have the support of a guide runner. The term 'visual impairment' refers to people with irremediable sight loss and this simple definition covers a wide spectrum of different impairments. It does not include those whose sight problems can be fully corrected by spectacles or contact lenses, though it does include those whose sight might be improved by medical intervention. Those who are short sighted or long sighted but can see normally when wearing corrective spectacles are not considered to be visually impaired. LYG allows runners to compete with a Guide Runner if nominated at entry.	11-13 & British Blind Sport: B1,2,3
G4.	Severe Learning Disability	Anyone who has severe difficulties with pattern recognition, sequencing and memory, as well as having slower reaction time. They are likely to need support in communicating their needs and understanding abstract or complex ideas. This category includes Level 3 autism.	20
G5.	Mild Learning Disability	Anyone who has mild difficulties with pattern recognition, sequencing and memory. They may need some support to understand abstract or complex ideas. This category includes Level 2 autism.	20