



## LYG VI INSPIRE FESTIVAL EAST OVERVIEW-

**Tuesday 18<sup>th</sup> March 2025**

### Venue Information

**Address:** Redbridge Sports Centre, Forest Road, Ilford, Essex, IG6 3HD.

**Parking:** On site. Register your number plate at reception.

**Nearest Station:** Fairlop Tube (approx. 5 minutes' walk).

**Accessibility:** accessible toilets, changing rooms and accessible parking available.

### Timings & Group Allocation

**Registration:** 09:45-10:20 and **Sports from:** 10:30-14:30. Register in between the two Astros- activity will take place outdoors on the Astro, with goalball in the studio on the Jean Brown Arena.

### Sports Providers

SPORT	PROVIDER
Blind Baseball	GB Blind Baseball
Boccia	Boccia England
Goalball	Goalball UK
Football	Bloomsbury FC & Fulham FC
Tennis	LTA
Triathlon	British Triathlon
tbc	

Please get in touch if you would like to connect with the sports providers

### Sport Rotations

Sport sessions are 30 minutes each, your young leader will help you get to your next sport. There are spaces to eat lunch/snacks in and outdoors.

Coaches and clubs will be scouting at this event and there will be a Q and A with para VI-athletes.

### London Youth Games Central Contact

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