

LYG SG Sportshall Athletics-Q1 Redbridge

Competition Day Information



Event Overview:

Date: Tuesday 4th February 2025

Venue: Redbridge Sports Centre, Jean Brown Arena, Forest Rd, Ilford, IG6 3HD

Contact: [Emma Cranston](mailto:emma@londonyouthgames.org): Email: emma@londonyouthgames.org | 07794 485195

Boroughs competing:

Borough	U11 Primary Entry	Year 7 Boys Entry	Year 7 Girls Entry
Barking and Dagenham	Beam Primary School	Barking Riverside School	Barking Riverside School
Enfield	St Andrew's Southgate Primary School (CE)	Wren Academy	Wren Academy
Greenwich	St Mary's Catholic Primary School	St Paul's Academy	St Paul's Academy
Hackney	TBC	Cardinal Pole Catholic School	Cardinal Pole Catholic School
Havering	Ardleigh Green Junior School	Redden Court School	The Coopers' Company and Coborn School
Newham	St Edward's Catholic Primary School	Kingsford Community School	St Angela's Ursuline School
Redbridge	St Augustine's Catholic Primary School	Ilford County High School	Woodbridge High School
Tower Hamlets	Manorfield Primary School	Morpeth School	Canary Wharf College Crossharbour
Waltham Forest	Yardley Primary School	Holy Family Catholic School	Chingford Foundation School

Total Entries:

Year 5/6-9

Year 7 Girls- 9

Year 7 Boys-9

Event Timings:

AM-Year 7

Registration - 09:45, Event - 10:30-13:00.

PM-Year 5/6

Registration - 13:00, Event - 13:30-16:30.

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Reminders:

- Full rules can be found on the LYG Website: [Year 5/6](#) and [Year 7](#).
- Please bring your Team sheets, as attached and return also the attached Participation Information by email to Emma Cranston: emma@londonyouthgames.org or on the day.
- Entry Info: Squad Size:

	Min	Max
Year 5/6 Event	18 (9B & 9G)	30 (15B & 15G)
Year 7 Girls Event	5	8
Year 7 Boys Event	5	8

- **Kit & Equipment:** All equipment provided. Please wear comfy sportswear.

Results:

- Post event - results will be available to download on the competition webpage within 48 hours of the competition ending. see the [games rules](#) rule 23.1 for further information on disputes.
- Queries on individual results can be raised in writing up to 24 hours after results have been published.
- In the event of a competition appeal, the use of external video footage and/or photographs **will not** be accepted in any circumstances.

Respect the Games:

- Anyone involved in the games must be made aware of the **LYG Code of Conduct** and agree to abide by the principles. A breach in the code may jeopardise involvement in the games. *Please find attached.*

Social Media:

- Follow us on social: [Twitter](#) | [Instagram](#) | [Facebook](#)
- When posting make sure you use our hashtag #thisislyg and tag us in your posts.
- If any competitors/teams do not consent to photos being taken, please inform registration.
- Taking photos? register your camera (including phones and tablets) at registration.

Venue Guide:

Venue: Redbridge Sports Centre

Address: Forest Rd, Ilford, IG6 3HD

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Competition Day Information



Phone: 020 8498 1000

Website: <http://www.rslonline.co.uk>

ABOUT THE VENUE

Catering: Teas/Coffees and light refreshments will be available from reception at the Jean Brown Arena.

Please note, no food or drink (apart from water) will be allowed to be consumed in the Jean Brown Arena. Please use areas out of the sports hall for eating. This affects those competing in Sportshall Athletics, Badminton and New Age Kurling.

Toilets: Available in the Jean Brown Arena or Pavilion to the right of the Jean Brown Arena.

Changing Rooms: Available. However, we strongly recommend you come dressed ready for the activity you are participating in and use the changing facilities only if necessary.

Accessible Facilities: There are designated parking bays and toilets.

Dogs: Please note Redbridge Sports Centre have a no dogs allowed policy. Please do not bring any dogs to the event. This includes all the outdoor facilities too.

TRANSPORT INFORMATION

Public Transport

We strongly recommend the use of public transport to get to the event.

Tubes and Trains: Closest station is Fairlop (Central line) which is right next to the venue.

Buses: 462 (use Fairlop Station stop)

Parking:

All vehicles must pay if using the car park at Redbridge Sports Centre: Up to 3 hours £1.30; up to 6 hours £2.60; up to 9 hours £8 and all day is £15 on weekdays. Failure to do so will result in a parking fine being issued that neither LYG nor the Venue will be held responsible for.

For coaches and minibuses that wish to park - Please use the overflow car park. You can access this by driving through the first car park you come to. Please note there is limited space, and it will be on a first-come-first served basis.

Payment for parking can be made through app, phone or at reception via a tablet using a debit/credit card.



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Any coaches wanting to drop off it is recommended you do this in the main centre car park which is the first car park you come to, to avoid getting caught in any congestion by driving up to the overflow car park.

Drop off: Free drop off up to 20 minutes. You will be fined if you stay any longer, so please make sure to pay if you do.

