



London Youth Games

Changing Room Policy

The purpose and scope of this policy

The London Youth Games aims to use the power of sport to create life-changing opportunities for young Londoners, engaging all 32 boroughs and the City of London communities with inclusive participation at all levels and for all abilities. London Youth Games wants all children and young people to have a positive and enjoyable experience of sport in a safe and young person-centred environment.

The purpose of this policy statement is:

- to provide information to all staff, team personnel, volunteers, children and their families on safer changing.
- This policy statement applies to anyone working on behalf of London Youth Games Foundation including senior managers and the board of trustees, paid staff, volunteers, sessional workers, agency staff and students.
- Parents, carers, Borough Team Organisers (BTO's), School Games Organisers (SGO's) coaches, Team Managers and volunteers should be aware that there are circumstances where junior players may find themselves changing in facilities where adults are present in the area. Mitigations will be put in place by LYG; however, it is the responsibility of parents, carers, BTO's, SGO's, coaches and team managers to ensure appropriate safeguards and procedures are implemented for the young people in their care.
- Please ensure all participants are aware of the code of conduct, poor behaviour and breaches of the code of conduct may result in individuals and Borough teams being disqualified from competition and future involvement with London Youth Games events.



London Youth Games often use public Sports and Leisure centres for the competitions and events where adults may be using the same facilities. We all have a duty of care to ensure risks are minimised by implementing the following procedures.

- Where sport formats allow, children should be encouraged to arrive and leave in their playing kit and not required to change at the venue.
- Where possible, separate facilities should be available for children to change in a different location to adults.
- Mixed gender teams / groups must always have separate and clearly signed changing facilities if single cubical changing is not available. If this is not possible, the children should have a specific time allocated to using the changing facilities, based on their gender, and this should be strictly adhered to.
- For some sports such as swimming, Changing Room Supervisors maybe used for specific venues.
- Mobile phones or any other equipment capable of creating still or moving images **should not be used in the changing facilities.**
- It is important to note that the taking of images of children in a public place without consent is often unwelcomed. Targeted taking of images without an individual's consent or where an individual has a reasonable expectation of privacy (such as a changing facility) could constitute a criminal offence. Any individual taking an indecent image of a child commits a child sexual offence.

Transgender and Non-Binary Participants

Using gendered changing facilities can be a source of stress for transgender and non-binary children. LYG will consider how to support these children to use the changing facilities that they feel comfortable with. Decisions will be made on a case-by-case basis, taking into consideration all children's welfare.



For further information on how best to support transgender and non-binary children please visit the websites of the following organisations: UK Active Transgender Guidance for Leisure Centres, Gendered Intelligence Guide for Trans Inclusion in Youth Residential, Stonewall Tips for LGBTQ+ Inclusion.

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