LYG Swimming 2025
Entry Information & Rules

Event Overview

Date: Saturday 28th June 2025

Venue: London Aquatics Centre, Queen Elizabeth Olympic Park, E20 2AQ

Approx Timings: 10am-2pm

Contact: becca@londonyouthgames.org

Entry Information

Squad Entry Deadline: Thursday 12th June 2025, at 10pm.

Squad Size: Minimum 1 and Maximum 12 per competition per gender.

Competitions: Junior (Open/Male & Female) and Senior (Open/Male & Female)

Eligibility Criteria: Swimmers must be able to swim unaided for 50m.

Age Categories

Event	Age Category	Oldest DOB	Youngest DOB
Junior	Year 7-9	01/09/2010	31/08/2013
Senior	Year 10-12	01/09/2007	31/08/2010

Replacements: You are permitted two replacements per gender per competition (junior/senior). Replacements are where you can bring an undeclared competitor to replace a registered competitor not attending on the day. All replacement details must be provided at registration on the day. Replacements must be in line with eligibility criteria. No additions will be allowed even if a borough does not have the maximum squad number.

Full Rules & Regulations

SWI 1 The London Youth Games Swimming competition will be held under Swim England Laws and Regulations and the Swim England Technical Rules of Swimming.

> **SWI 1.1** This competition is NOT licenced by Swim England.

> **SWI 1.2** Any non-technical rules not covered will be decided by the LYG Sports Lead and the Competition Director.

> **SWI 1.3** It will be at the discretion of the event referee and LYG personnel as to the application of these rules, and any subsequent decision made as a result will be final.

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SWI 1.4 The London Youth Games Swimming competition will follow the [Swim England Transgender and Non-Binary Competition Policy.](#)

SWI 2 Age Category

Event	Age Category	Oldest DOB	Youngest DOB
Junior	Year 7-9	01/09/2010	31/08/2013
Senior	Year 10-12	01/09/2007	31/08/2010

SWI 2.1 Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made.

SWI 2.2 It is the responsibility of competitors/parents/team managers/local authority staff to ensure all competitors details are entered correctly at the time of submission, and that they are eligible to compete for their borough under the '[London Youth Games' Games Rules](#), and in accordance with the age groups outlined for the competition.

> **SWI 2.3.1** In the instance a competitor is found to be ineligible, they will be disqualified from the competition entirely, and the borough will receive a points penalty as per the Games Rules.

SWI 3 Eligibility Swimmers must be able to swim unaided for 50m.

SWI 4 Squad Size Minimum 1 and Maximum 12 per competition per gender.

> **SWI 4.1** The following information must be supplied for each swimmer during squad submission:
> - Name
> - DOB
> - Event

SWI 5 Kit & Equipment Competitors must wear a swimming costume, goggles and provide their own towel. Swimming caps are encouraged.
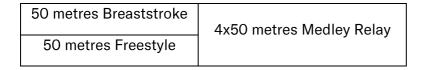
SWI 6 Competition Format This event will consist of a Junior competition, with open/male and female raced separately, and a Senior competition, with open/male and female raced separately.

SWI 7 Competition Rules

> **SWI 7.1** Swimmers can compete in a maximum of one individual event and two relays. Events are as follows (per category per gender):

Individual Events:	Team Events:
50 metres Butterfly	4x50 metres Freestyle Relay
50 metres Backstroke	

50 metres Breaststroke	4x50 metres Medley Relay
50 metres Freestyle	

SWI 7.2 All events are Heat Declared Winner (HDW)

SWI 7.3 For swimmers to use a shallow racing dive from the starting blocks, Team Managers must be satisfied that they have achieved the standard of Swim England Preliminary Competitive Start Award. If they have not achieved this award, they must start from the side of the pool or in the water.

SWI 7.4 At the discretion of London Youth Games, teams will be able to join up on the day where a borough does not have all 4 relay participants attending the event to allow participation. This will be non-scoring.

> **SWI 7.4.1** Such applications must be made 45 minutes prior to the start of each session.

SWI 7.5 Lanes will be allocated to boroughs randomly.

SWI 8 Overall Scoring Overall borough results will be split by gender. The results will be determined on the heat declared winner principle.

SWI 8.1 All individuals and teams will receive points based on their finishing position, ie 1st place winner will receive 33 points, 2nd place 32 points and so on. The overall winner will be the borough with the highest number of points accumulated across all scoring races.

SWI 8.2 Incomplete competition: If the competition is cancelled or suspended, the following steps will be used to calculate a final result:

- Results from all completed events are combined and used to identify the overall winner.

- Minimum requirements: to determine a completed event, all heats must take place. To determine a results for the competition, 1 event must be completed.

- Tied team: will not be separated once scores from events are combined, except if the top 3 teams have the same number of points, then the highest number of 1st place event finishers will be the deciding factor, then 2nd place finishers and so on.

- Borough entry: if a borough has entered the competition but not an event that is used in the scoring calculation, they will be placed in last position.

SWI 9 Officials Boroughs will be expected to provide a volunteer over 18 years old to fulfil a role at this event. All details will need to be sent to becca@londonyouthgames.org.

SWI 10 Medals & Trophies Medals and trophies will be awarded as follows:

SWI 10.1 Overall Borough medals will be awarded to 1st, 2nd and 3rd placed teams per gender.

SWI 10.2 Medals will be awarded for 1st, 2nd and 3rd placed competitors/relay teams for each event.

ATH 8.3 Borough trophy will be awarded for the overall winner for each gender.