

LYG Judo 2026

Entry Information & Rules



Event Overview

Date: Saturday 18th April 2026

Venue: UEL SportsDock, University Way 4-6, London E16 2RD

Contact: ali@londonyouthgames.org

Entry Information

Squad Entry Deadline: **Wednesday 25th March 2026** – NO LATE ENTRIES WILL BE ACCEPTED

Squad Nomination Size: Maximum 60 Entries

Sections A – Maximum 10 Entries permitted in this section

Sections B – Maximum 15 Entries permitted in this section

Section C – Maximum 10 Entries permitted in this section

Section D – Maximum 10 Entries permitted in this section

Section E & Section F – (Maximum 15 across these two sections)

Eligibility Criteria: Competitors must be members of the British Judo Association, British Judo Council or Amateur Judo Association. To obtain a BJA license please visit www.britishjudo.org.uk.

Recreational & Pathway licences will **not** be accepted.

All competitors must have been graded at within the past 9 months of the tournament date.

GROUP A - BJA Technical Restrictions will apply to this group

Age 8 - 11 years old on the day of the tournament - Minimum Grade 1st Mon – 3rd Mon

GROUP B - BJA Technical Restrictions will apply to this group

Age 8 – 11 years old on the day of the tournament - Minimum Grade 4th Mon – 9th Mon

GROUP C - BJA Technical Restrictions will apply to this group

Age 12 – 15 years old on the day of the tournament - Minimum Grade 4th Mon – 9th Mon

GROUP D - No Technical Restrictions

Age 12 – 15 years old on the day of the tournament - Minimum Grade 10th Mon – 18th Mon / 1st Kyu

GROUP E - No Technical Restrictions

Age 16 – 17 years old on the day of the tournament - Minimum Grade 1st Mon / 6th Kyu – 9th Mon / 4th Kyu

GROUP F - No Technical Restrictions

Age 16 – 17 years old on the day of the tournament – Minimum Grade 10th Mon / 3rd Kyu – 18th Mon / 1st Kyu

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CATEGORIES

Event	Graded Groups	Age Category	Competitors must be born between the dates listed.
GROUP A	1 st Mon (Red) - 3 RD Mon (Red)	8 – 11 years old on day of competition	18/04/2014 – 18/04/2018
GROUP B	4 th Mon / 5 KYU (Yellow) - 9 th Mon /4 KYU (Orange)	8 – 11 years old on day of competition	18/04/2014 – 18/04/2018
GROUP C	4 th Mon / 5 KYU (Yellow) - 9 th Mon /4 KYU (Orange)	12 – 15 years old on day of competition	19/04/2010 – 18/04/2014
GROUP D	10 th Mon / 3 rd KYU (Green) - 18 th Mon /1 st KYU (Brown)	12 – 15 years old on day of competition	19/04/2010 – 18/04/2014
GROUP E	4 th Mon / 5 th KYU (Yellow) - 9 th Mon /4 th KYU (Orange)	16 – 17 years old on day of competition	19/04/2008 – 18/04/2010
GROUP F	10 th Mon / 3 rd KYU (Green) - 18 th Mon /1 st KYU (Brown)	16 – 17 years old on day of competition	19/04/2008 – 18/04/2010

WEIGHT GROUPS

GROUP A & GROUP B 8 to 11 years old	BOYS: U24, U27, U30, U34, U38, U42, U46, U50, U55, O55 GIRLS: U25, U28, U32, U36, U40, U44, U48, U52, U57, O57
GROUP C & GROUP D 12 to 15 years old	BOYS: U34, U38, U42, U46, U50, U55, U60, U66, U73, O73 GIRLS: U36, U40, U44, U48, U52, U57, U63, U70, O70,
GROUP E & GROUP F 16 to 17 years old	BOYS: U50, U55, U60, U66, U73, U81, U90, O90 GIRLS: U48, U52, U57, U63, U70, U78, O78

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Full Rules & Regulations

JUD 1 The London Youth Games Judo competition will run in accordance with [British Judo Association rules](#).

JUD 1.1 The London Youth Games Judo competition will follow the Transgender guidance outlined by British Judo [Transgender Inclusion Policy - British Judo](#)

JUD 1.2 Should any rules listed below contradict those outlined by the British Judo Association, these rules will supersede those.

JUD 1.3 It will be at the sole discretion of the Competition Director as to the application of these rules, and any subsequent decision made as a result will be final.

JUD 1.4 Any incomplete entries will not be accepted and will be returned to sender. All entries must be completed in full.

JUD 2 Age Category

JUD 2.1 The age groups / weight groups and respective minimum / maximum date of births will apply to the London Youth Games Judo Competition as stated

JUD 2.2 Competitors must be full members of the British Judo Association, British Judo Council or Amateur Judo Association. To obtain a BJA license please visit www.britishjudo.org.uk.
*Recreational licences & Pathway licences will **not** be accepted.*

JUD 2.3 Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made. Any entries received without the correct / missing data / no current licence information will be rejected.

JUD 2.4 It is the responsibility of competitors/parents/team managers/local authority staff to ensure all competitors details are entered correctly at the time of submission and are in accordance with the rules as stated by [London Youth Games Games Rules](#).

JUD 2.4.1 In the instance a competitor is found to be ineligible, they will be disqualified from the competition entirely, and the borough will receive a points penalty as per the Games Rules. All competitors must have been graded at within the past 9 months of the tournament date.

JUD 3 Squad Size and Team Managers

JUD 3.1 Boroughs are permitted to enter a minimum of 1 competitor and a maximum of 60 competitors.

JUD 3.2 Boroughs need to ensure that they do not exceed the maximum number of competitors as per the details listed in the Squad Nomination section.

JUD 3.3 Boroughs are required to nominate a maximum of TWO team managers. These two nominated team managers are required to sign the borough team into the event at team registration.

JUD 3.4 Boroughs are permitted to nominate a maximum of 4 coaches on the day of the event. Coaches must hold a L1 coaching qualification **and** have completed the BJA Matside coaching qualification and be able to supply evidence of this to officials on the day of the event. Once qualifications have been validated, coaches will be issued a wristband that allows them to go mat side.

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JUD 4 Kit & Equipment

JUD 4.1 All competitors must provide a clean **White Judogi. (No Karate or BJJ Gi's allowed)**

JUD 4.2 Female competitors must wear a **plain white** t-shirt or borough team t-shirt under their judogi. Male competitors can have the option to wear a **plain white** t-shirt or borough team t-shirt under their judogi.

JUD 4.3 All competitors must wear judogi trousers and a **Plain White t-shirt** when weighing in and for medal presentations.

JUD 5 Competition Format

JUD 5.1 Each competitor will compete as an individual in their respective weight category and age group and will gain points for the borough.

JUD 5.2 Contest duration will be three minutes for sections A, B, C, D, Section E & F contests will be four minutes. Golden score will follow the BJA Technical Restrictions Format for Sections A, B & C. Golden Score is unlimited for sections D, E & F.

JUD 5.3 There will be no seeding from previous results. Seeding will be carried out using the BJA competition manual rules and we will try and separate players from the same borough.

JUD 5.4 The Tournament Director will decide the competition system on the day. The competition system will be compound knockout for categories with more than 8 athletes. For categories with less than 8 athletes, a pool system will be used.

JUD 6 Competition Rules

JUD 6.1 Armlocks and strangles are only permitted in section E & F

JUD 6.2 Each player will have a minimum of two contests where possible.

JUD 6.3 Weight categories may be merged due to low numbers. When a competitor is merged with another category, they will receive points for their original category only e.g., if a competitor is the only person in the under 52kg weight and are merged with the under 57kg category then they will receive the gold medal and points regardless of contest result.

JUD 6.4 Only one coach to be mat side with a Judoka at one time. Please refer to rule **JUD 3.4**.

JUDO 6.5.1 Tolerance of 0.8KG (800g) per weight category i.e 52.8 maximum weight for U52

JUD 7 Scoring

Points awarded according to player position;

JUD 7.1 Gold – 10 points, Silver – 7 points, both Bronzes – 4 points, 5th – 1 point.

JUD 7.2 All results 5th place and above will be counted.

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JUD 8 Medals & Trophies

Medals and trophies will be awarded as follows:

JUD 8.1 Medals awarded to 1st, 2nd and 3rd placed competitors in each category and trophy awarded to the winning team per gender.

If teams finish with the same no of points, the winner will be decided by comparing medal counts. The team with more Gold medals wins. If Gold medals are equal, Silver medals are compared. If Silver medals are also equal, Bronze medals are compared. If both teams are equal then a tie will be declared.