

School Games Rugby League Tag Yr56 2026

Entry Information & Rules



Event Overview

Date: Wednesday 10th June 2026.

Venue: Gunnersbury Park Sports Hub, W3 8LQ.

Approximate Timings: 10am-3pm

Contact: abby@londonyouthgames.org

Entry Information

Entry Deadline: Friday 22nd May 2026, 10pm.

Squad Size: Minimum – 7 & Maximum – 12 (minimum of 3 girls on the pitch at all times).

Competitions: Mixed.

Eligibility Criteria:

Competition Tier: Higher

Competition Intent: Highly competitive environment where winning is the measure of success and level of challenge is high, in order to further the development of young athletes. Local qualifying events are encouraged, with the winning school progressing to the county final.

Player Eligibility: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in sport inside and outside of school, have a higher skill ability and understand tactics and strategies in competitive game play situations.

Age Categories

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9 – 11-year-olds	01/09/2014	31/08/2016	Year 5 - 6

Full Rules & Regulations

TRFL 1 The event will run in accordance with the [RFL Tag Rugby League Festival Rules](#).

TRFL 1.1 Should any rules listed below contradict those outlined by Rugby Football League, these rules will supersede those.

School Games Rugby League Tag Yr56 2026

Entry Information & Rules



TRFL 1.2 It will be at the discretion of LYG personnel and the Competition Director as to the application of these rules, and any subsequent decision made as a result will be final.

TRFL 1.3 The Tournament Organisers reserve the rights to alter or amend the playing schedule if necessary and make decisions on any matters arising during the tournament, including any matters not covered by the tournament regulations.

TRFL 1.4 The Competition Director reserves the right to suspend/cancel the event where required by weather/unsafe conditions.

TRFL 2 Age Category

TRFL 2.1 The following age groups and respective maximum and minimum date of births will apply to the School Games RFL Tag Competition:

Age Category	Oldest DOB	Youngest DOB	Likely School Year
9 – 11-year-olds	01/09/2014	31/08/2016	Year 5 - 6

TRFL 2.2 Competitors are not permitted to enter this competition if they are ineligible. No exceptions will be made.

TRFL 2.3 It is the responsibility of competitors/teachers/School Games Organisers to ensure all competitors details are entered correctly at the time of submission.

TRFL 2.3.1 In the instance a competitor is found to be ineligible, they will be disqualified from the competition entirely.

TRFL 3 Eligibility

TRFL 3.1 Competition Tier: Higher

TRFL 3.2 Competition Intent: Highly competitive environment where winning is the measure of success and level of challenge is high, in order to further the development of young athletes. Local qualifying events are encouraged, with the winning school progressing to the county final.

TRFL 3.3 Player Eligibility: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in sport inside and outside of school, have a higher skill ability and understand tactics and strategies in competitive game play situations.

TRFL 4 Squad Size Schools are permitted to bring a minimum of 7 competitors and a maximum of 12 competitors.

TRFL 4.1 Schools are permitted to bring all 12 competitors entered in the event on the day, however only 7 players will be on the pitch per team.

TRFL 4.1.1 Teams must have a minimum of 3 girls on the pitch at all times and therefore squad composition should reflect this.

TRFL 5 Kit & Equipment

School Games Rugby League Tag Yr56 2026

Entry Information & Rules



TRFL 5.1 Trainers or studded footwear is permitted.

TRFL 5.2 All players must wear a 'tag belt' that has two ribbons (tags) attached to Velcro. The belt must be worn around the waist with all loose clothing tucked in. The tags are positioned on either side of the hips.

TRFL 5.3 Pitch size will be approx. 60 metres x 30 metres.

TRFL 5.3.1 These measurements are maximum size and is dependent on facility space.

TRFL 5.4 Size 4 balls will be used throughout the event.

TRFL 6 Competition and Draw Format

TRFL 6.1 Matches will be 7 minutes one way.

TRFL 6.2 This is not a knockout tournament with all teams having the same amount of playing time. All teams will be reseeded and regrouped after each round so they play teams more evenly matched as the competition progresses.

TRFL 6.3 The format will be round robin groups throughout the tournament and consist of 2 or 3 rounds of play, depending on entries.

TRFL 6.3.1 Group size and group number will depend on entry numbers.

TRFL 7 Competition Rules

TRFL 7.1 The maximum amount of playing time for an individual is 50 minutes and no player is permitted to play beyond this time. Substitutes/replacements should be encouraged with all involved children playing at least half of a game.

TRFL 7.2 Ball carriers can run or dodge potential taggers but cannot fend off, guard or shield their tags.

TRFL 7.2.1 A fend/guard/shield will result in a tag being taken away from the attacking team. Repeated offences will result in a turnover of possession to the other team.

TRFL 7.3 Players are permitted to spin away from a defender (one spin) but are NOT permitted to continuously spin or dive to avoid being tagged. Repeated offences will result in a turnover of possession to the other team.

TRFL 7.4 The game will commence with a play-the-ball, centre field;

TRFL 7.4.1 The ball carrier must return to the spot where the tag occurred.

TRFL 7.4.2 Facing the direction they are playing the player places the ball on the ground and rolls the ball back with their foot in a controlled manner to a teammate.

TRFL 7.4.3 The teammate who gathers the ball from this position (called the Dummy Half) must pass the ball from the play-the-ball and should not run forwards. They can take steps laterally to assist with passing. You cannot score from a Dummy Half.

TRFL 7.4.4 Any player can be the Dummy Half and the player at the Dummy Half could change at every play-the-ball.

School Games Rugby League Tag Yr56 2026

Entry Information & Rules



TRFL 7.5 The defensive line should retreat 5 meters after every tag, and can only move forward when the ball is touched by the Dummy Half. If the Dummy Half fakes a pass, the referee should play on and the Dummy half is open to be tagged. The Dummy Half should not deliberately delay the pass and repetitively delaying the pass intentionally may be penalised for unsportsmanlike conduct.

TRFL 7.6 If a defender does not retreat 5 metres, they will be deemed to be offside. If a tag is made from an offside position, the tag count will reset to zero and the attacker should play the ball as normal.

TRFL 7.7 The team in possession has the ball for a total of six tags regardless of errors. If a player makes any error (forward pass, knock on, steps off the pitch, or if the opposition picks up a loose ball or catches an intercept pass), it counts as a tag and that player should play-the-ball at the point the error occurred. Their team will continue with possession for the remainder of their six plays.

TRFL 7.8 If a try has not been scored after 6 tags, possession turns over to the defending team at the point of the last tag.

TRFL 7.9 Any acts of unsporting behaviour will result in a handover to the non-offending team at the place where the incident occurred and play restarts with a play-the-ball.

TRFL 7.10 Tagging

TRFL 7.10.1 Only the player in the possession of the ball can be tagged.

TRFL 7.10.2 A tag is simply the removal by a defender of one or two of the ribbons from the ball carrier.

TRFL 7.10.3 When a defender has removed the tag, they place the tag on the floor where the tag was made and retreat onside with the other defenders. Players must not throw the tag away but place the tag on the floor (if it is too windy to leave tags on the floor, the defender should wait for the attacker to return to the spot and hand over the tag).

TRFL 7.10.4 The ball carrier returns to where the defender placed the tag and restarts the game by 'playing-the-ball' backwards and in the correct manner. The tagged player can play-the-ball before replacing the tag but can take no further part in the game without replacing their tag(s).

TRFL 7.11 Scoring a Try:

TRFL 7.11.1 A try is scored in the normal way by placing or touching the ball down on or over an opponents' try line.

TRFL 7.11.2 If tagged in the act of scoring the try will stand.

TRFL 7.11.3 After a try has been scored the non-scoring team will restart with a play-the-ball, centre field on the halfway line. All other starts and restarts will also be played with a play-the-ball whatever the situation.

TRFL 7.11.4 Each try is worth 2 points if scored by a female player, and 1 point if scored by a male player.

TRFL 7.12 There will be no kicking allowed.

TRFL 8 Overall Scoring Points will be awarded for each game to give a school's final round robin standing.

TRFL 8.1 The following points will be awarded:

School Games Rugby League Tag Yr56 2026

Entry Information & Rules



- 5 points for a win
- 3 points for a draw
- 1 point for a loss

TRFL 8.1.1 Groups are decided on:

- Match points
- Try differences
- Tries for
- Tries against

TRFL 9 Medals & Trophies The teams that place in the top 3 of the highest-ranking group will receive respective 1st, 2nd, 3rd medals. A salver will be awarded to the team that finished top of the highest-ranking group.