LYG HOCKEY 4V4 2027

Entry Information & Rules

Event Overview

Date: Friday 2nd July 2027

Venue: Redbridge Sports Centre Forest Road, Barkingside, Ilford, Essex, IG6 3HD

Approximate Timings: Registration 10.00am with activity between 10.30am and 2.30pm

Contact: Sharon Eyers sharon@londonyouthgames.org

Entry Information

Squad Entry Deadline: Wednesday 23rd June 2027

Squad Size: Minimum of 4 with a maximum of 6.

Competitions: Highly competitive environment where winning can be the measure of success and level challenge is high, in order to further the development of young athletes. Local qualifying events are encouraged, with the winning school progressing to the County Final.

Eligibility Criteria: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in hockey inside and outside of school, have a higher skill ability, and understand tactics and strategies in competitive situations.

Age Categories

Event	Age Category	Oldest DOB	Youngest DOB
Hockey 4v4	U11's	01/09/2015	31/08/2017

Full Rules & Regulations

HOC 1 The London Youth Games Hockey 4v4 competition will run in line with England Hockey

HOC 1.1 Should any rules listed below contradict those outlined by England Hockey these rules will supersede those.

HOC 1.1.1 The London Youth Games Hockey competition will follow the England Hockey guidance: https://www.englandhockey.co.uk/governance/equality-diversity-inclusion/trans-and-non-binary-participation-guidance

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HOC 1.2 It will be at the discretion of the event referee and LYG personnel as to the application of these rules, and any subsequent decision made as a result will be final.

HOC 1.3 The Tournament Organisers reserve the rights to alter or amend the schedule if necessary and make decisions on any matters arising during the tournament, including any matters not covered by the tournament regulations.

HOC 2 Age Category

Event	Age Category	Oldest DOB	Youngest DOB
Hockey 4v4	U11	01/09/2025	31/08/2017

HOC 3 Eligibility

HOC 3.1 **Competition Intent:** **Competition Intent:** Highly competitive environment where winning can be the measure of success and level challenge is high, in order to further the development of young athletes. Local qualifying events are encouraged, with the winning school progressing to the County Final.

Eligibility: Aimed at children and young people who enjoy competition and may regularly access training and coaching outside of the school environment. Participants are used to competing in dance inside and outside of school, have a higher skill ability, and understand tactics and strategies in competitive situations.

ATH 4 Squad Size

HOC 4.1 Schools are permitted to bring a minimum of 4 and a maximum of 6 participants.

HOC 4.2 Teams should be made up of 50/50 split between boys and girls.

HOC 5 Kit & Equipment

HOC 5.1 All equipment will be provided. **Please note it is strongly recommended that shin pads and mouth guards are to be worn by all players.**

HOC 6 Competition Format

HOC 6.1 The competition is 4-a-side and no goalkeepers are permitted.

HOC 6.2 The pitch should be 1/8 of a full hockey pitch, or approximately the size of a standard netball court.

HOC 6.3 A scoring zone is to be marked out across the pitch, 7 meters from the back line of each goal end using flat-markers or indicated on the side line.

HOC 6.4 Two scoring goals are placed at each end of the pitch, creating four goals in total.
HOC 6.4.1 Goals to be 2m wide and placed close to the corners of the black line. Goals to be created using cones.

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HOC 7 Competition Rules

HOC7.1 Starting and Restarting

HOC 7.1.1 A centre pass can be made in any direction to begin the match or restart the match following a goal – a goal cannot be scored from a centre pass.

HOC 7.1.2 Players must be in their own half of the pitch and the opposing players to be a minimum of 3m from the ball until it is played.

HOC 7.1.3 If playing a match with two halves, at half time, teams should change ends.

HOC 7.1.4 After half-time, the team that didn't take the centre pass at the beginning of the match will take the centre pass to restart the game.

HOC 7.2 Scoring a Goal

HOC 7.2.1 A goal is scored when the ball is struck, or deflected off a player's stick, (attacking or defending) from inside the 7m scoring zone and completely passes the goal-line.

HOC 7.2.2 A goal can be scored in either of the attacking team's two goals.

HOC 7.2.3 A penalty goal is awarded if a defending player deliberately stops the ball from crossing the goal-line with their feet or body.

HOC 7.3 Free Pass. A free pass is awarded when one of the following offences.

HOC 7.3.1 A player deliberately uses their feet or hands to move or block the ball.

HOC 7.3.2 A player attempts to play a high ball (over knee height) with the stick.

HOC 7.3.3 A player uses the rounded (back) side of the stick.

HOC 7.3.4 A player obstructs by running between the ball and opponent who is close enough to hit it, obstructing the playing of the ball.

HOC 7.3.5 A player holds, charges, kicks, pushes, intentionally trips or strikes any player or umpire.

HOC 7.3.6 A player interferes with another player's stick or clothing.

HOC 7.3.7 A player plays the ball in a way which may lead to dangerous play for example, a large and high backswing*

HOC 7.4 The free pass is taken from the spot where the offence occurred.

HOC 7.5 The pass can be played to a teammate or a self-pass by moving the ball forward with the stick and the game re-starting.

HOC 7.6 If an offence is committed within the scoring zone, the free pass should be taken from outside the scoring zone, in line with where the offence occurred.

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HOC 7.7 A free pass is also awarded when the ball goes out of play in one of the following ways:

HOC 7.7.1 The ball passes completely over a side line.

HOC 7.7.2 The free pass is taken by a player of the team which did not touch the ball last.

HOC 7.7.3 The ball passes completely over the back line and was last touched by an attacking player. The free pass is taken by the opposing team from anywhere along the scoring zone line.

HOC 7.7.4 The ball passes completely over the back line and was last touched by a defending player. The free pass is taken by the opposing team from anywhere along the scoring zone line.

*The match officials shall send any player who persists in breaking this rule off the pitch for a two-minute suspension. It is important that players understand that 'dangerous play' must always be avoided to ensure that 4v4 matches are safe, fun and enjoyable.

ATH 8 Overall Scoring

HOC 8.1 At the end of the match the team with the most goals is the winner.

HOC 8.1.1 If no goals are scored, or if teams score an equal number of goals the match is drawn.

HOC 8.1.2 For match won there will be 3 points and for drawn matches each team will get 1 point.

ATH 8.2 Incomplete competition:

If the tournament for any reason cannot complete all the fixtures, the winner will be decided by points gained divided by points gained. If teams are still drawn the following will decide the winner:

- **Goals scored**
- **Goals against.**

HOC 9 Medals & Trophies Medals and trophies will be awarded as follows:

HOC 9.1 A trophy will be awarded to the overall winner.

HOC 9.2 Overall Borough medals will be awarded to 1st, 2nd and 3rd placed teams.